

Activity Calendar - May 2023

The Director's Corner

As of May, we are now called Mozaic Adult Day! This is an exciting change as we move forward and grow our organization.

The umbrellas and patio tables are out and we look forward to warm weather and sunny skies.






Caregiver Meetings

This month the caregiver support meetings will take place on May 16th (virtual) and May 17th (in-person, please wear a mask). *RVSP's are appreciated though not required to attend.*

To obtain the virtual link or for more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|---|--|--|--|--|
| 1 | 2 | 3 | 4 | 5 | |
| 10:00am Exercise 10:30am Mind Teasers 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Bingo 2:30pm Refreshments | 10:00am Name 10 10:30am Art/ Games 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Actively Fun 2:30pm Refreshments | 10:00am Exercise 10:30am Table games/Art 10:30am Men's group Lunch 1:00pm Funny Videos 1:30pm Bulls eye 2:30pm Refreshments | 10:00am Trivia 10:30am Would you rather 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Bowling 2:30pm Refreshments | 10:00am Exercise 10:30am History Events 10:30am Indp.Men's group Lunch 1:00pm Current Events 1:30pm Cinco De Mayo 2:30pm Refreshments  | |
| 8 | 9 | 10 | 11 | 12 | |
| 10:00am Exercise 10:30am Word Find 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Pokeno 2:30pm Refreshments | 10:00am Who am I 10:30am Spelling Games 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Who did it best? 2:30pm Refreshments | 10:00am Exercise 10:30am Table games/ Art 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Frisbee Bowling 2:30pm Refreshments | 10:00am Fun Facts 10:30am Dual Game 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Bocce Ball 2:30pm Refreshments | 10:00am Exercise 10:30am Brain Twisters 10:30am Indp.Men's group Lunch 1:00pm Mother's Day Celebration Double Vision Music Refreshments  | |
| 15 | 16 | 17 | 18 | 19 | |
| 10:00am Exercise 10:30am Scattergories 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Bingo 2:30pm Refreshments | 10:00am Did you know 10:30am Build A Word 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Jeopardy 2:30pm Refreshments 3:00pm: Caregiver Support Group (Virtual) | 10:00am Exercise 10:30am Yoga w/ Doris 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Ring Toss/Patio Fun 2:30pm Refreshments 3:00pm: Caregiver Support Group (In-Person) | 10:00am Favorite Time 10:30am Visit with Diesel/ Nina 10:30am Men's group Lunch 1:00pm Stretch (tv) 1:30pm Poker Toss 2:30pm Refreshments | 10:00am Exercise 10:30am Mind Teasers 10:30am Indp.Men's group Lunch 1:00pm Funny Videos 1:30pm Crafts /Games 2:30pm Refreshments | |
| 22 | 23 | 24 | 25 | 26 | |
| 10:00am Exercise 10:30am You be the judge 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Pokeno 2:30pm Refreshments | 10:00am Patio Social 10:30am Family Feud 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Birthday party w/Shawn 2:30pm Refreshments  | 10:00am Exercise 10:30am Out trip 2/Park 10:30am Table games/ Art Lunch 1:00pm Current Events 1:30pm Tai Chi w/Jonothan 2:30pm Refreshments | 10:00am Brain Teasers 10:30am Trivia 10:30am Men's group Lunch 1:00pm Zumba(tv) 1:30pm Tic Tac Toe Toss 2:30pm Refreshments | 10:00am Exercise 10:30am Mind Games 10:30am Indp.Men's group Lunch 1:00pm Funny Videos 1:30pm Games/crafts 2:30pm Refreshments | |
| 29 | 30 | 31 | | | |
| CENTER CLOSED  MEMORIAL DAY <small>HONORING ALL WHO SERVED</small> | 10:00am Patio Social 10:30am Out Burst 10:30am Men's group Lunch 1:00pm Current Events 1:30pm Bingo 2:30pm Refreshments | 10:00am Exercise 10:30am Table games/Art 10:30am Men's group Lunch 1:00pm Daily Topics 1:30pm Bowling/Patio Fun 2:30pm Refreshments |  | | |
| | | | | Join us for Coffee Hour Every Morning @9AM  <small>Calendar Subject to change Alternate programs offered daily</small> | |

Lunch Menu - May 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| 1 | 2 | 3 | 4 | 5 |
| GINGER CARROT SOUP LEMON DILL COD FRIED RICE JAPANESE BLEND VEGETABLES EGG ROLL PEACHES | WISCONSIN CHEESE SOUP MEATLOAF W/GRAVY MASHED POTATOES BROCCOLI BLUEBERRY COBLER | POTATO LEEK SOUP HAMBURGER ON A BUN FRENCH FRIES BAKED BEANS CHOCOLATE CAKE | CHICKEN & RICE SOUP HERB ROASTED TURKEY W/GRAVY GARLIC BREAD QUINOA FRUIT STUFFING GREEN BEAN CASSEROLE APPLE PIE | MINESTRONE SOUP BEEF BURGUNDY RED SMASHED POTATOES SAUTEED MIXED VEGETABLES PUMPKIN CHEESECAKE |
| 8 | 9 | 10 | 11 | 12 |
| TURKEY NOODLE SOUP TERIYAKI PINEAPPLE CHICKEN WILD RICE SEASONED SPINACH PEANUT BUTTER BROWNIE | LEMON CHICKEN & RICE SOUP BBQ MEATLOAF DIRTY MASHED POTATOES HONEY GLAZED CARROTS CHOCOLATE GANACHE CHEESECAKE | WHITE BEAN SOUP HAMBURGER WITH LETTUCE & TOMATO FRENCH FRIES BAKED BEANS FRUIT COCKTAIL | ITALIAN WEDDING SOUP CHICKEN MARSALA FRUITED QUINOA ROASTED ROOT VEGETABLES CARROT CAKE W/CREAM CHEESE ICING | MINESTRONE SOUP HONEY GLAZED SALMON LYONNAISE POTATOES SAUTEED BROCCOLI STRAWBERRY SHORTCAKE |
| 15 | 16 | 17 | 18 | 19 |
| ALPHABET SOUP LEMON ROSEMARY CHICKEN ROASTED RED POTATOES SEASONED CABBAGE BANANA SPLIT SUNDAE | TUSCAN CAULIFLOWER SOUP TURKEY POT PIE GARDEN SALAD GARLIC BREAD BLONDE BROWNIE | LENTIL SOUP HAMBURGER ON A BUN POTATO SALAD & BAKED BEANS SAUERKRAUT & ONIONS CUBED WATERMELON | MINESTRONE SOUP CHICKEN CACCIATORE CAPELLINI ITALIAN BLEND VEGETABLES COCONUT CAKE | MUSHROOM BARLEY SOUP POT ROAST OF BEEF MASHED POTATOES HONEY GLAZED CARROTS STRAWBERRY CHEESECAKE |
| 22 | 23 | 24 | 25 | 26 |
| BEEF VEGETABLE SOUP HERB ROASTED TURKEY BAKED SWEET POTATOES RATATOUILLE BLUEBERRY SHORTCAKE | TURKEY NOODLE SOUP BAKED ORANGE FISH LYONNAISE POTATOES ROASTED ZUCCHINI & SUMMER SQUASH CREAM CHEESE BROWNIE | WISCONSIN BEER AND CHEESE SOUP HAWAIIAN CHICKEN BAKED FRENCH FRIES BAKED BEANS PEAR HALVES | CARROT APPLE SOUP SALISBURY STEAK BROWN RICE CALIFORNIA BLEND VEGETABLES CHOCOLATE ÉCLAIR | SOUTHWESTERN TOMATO SOUP MACARONI AND CHEESE FRENCH FRIES CHOPPED COUNTRY COLE SLAW BLACK FOREST PARFAIT |
| 29 | 30 | 31 | | |
| MEMORIAL DAY  CENTER CLOSED | CHICKEN GUMBO SOUP CAPELLINI & MEATBALLS CAESAR SALAD ROASTED ZUCCHINI & SUMMER SQUASH GARLIC BREAD ICE CREAM SUNDAE | MUSHROOM LEEK & TURKEY BACON CHOWDER DELUXE HAMBURGER BAKED FRENCH FRIES BAKED BEANS DICED PEACHES |  |  |

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS. BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT. SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST.