

Activity Calendar - August 2024

The Director's Corner

Happy August to all our Caregivers, Partners, and Members! We are pleased to announce that last month we resumed intergenerational programming with the Mozaic Child Development Center which is located on the main Campus. A few of our members enjoyed a special ice cream social with the children and shared some great memories.

Finally, don't miss a brand-new Arts & Crafts program facilitated by Linda Downey on Friday, August 9th. Please note space is limited.




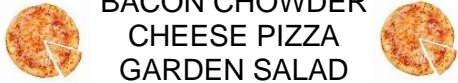
Caregiver Meetings

This month the caregiver support meetings will take place on August 20th (virtual) and August 21st (in-person, masks are optional). *RVSPs are appreciated though not required to attend.*

To obtain the virtual link or for more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>JOIN US FOR COFFEE HOUR EVERY MORNING AT 9:00AM.</p> 	<p><i>Hello my lovely</i> AUGUST <i>let's have some fun!</i></p>	<p>Ice Cream Social</p> 	<p>10:00 EXERCISE 10:30 SCATTERGORIES 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 SING AND DANCE TO THE 60's 2:30 REFRESHMENTS 3:00 TABLE TOPICS</p>	<p>10:00 EXERCISE 10:30 JIGSAW PUZZLES/WORD GAMES LUNCH 1:00 PRICE WAS RIGHT THEN! 1:30 Tai Chi w/ Jonathon 2:30 REFRESHMENTS 3:00 PUZZLES</p>
<p>10:00 EXERCISE 10:30 WHEEL OF FORTUNE 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 REMINISCING TO THE 50'S 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 BUCKET TOSS 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 WORDLE 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 HANGMAN 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 CELEBRITY FACES 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 ARTS and CRAFTS w/ LINDA DOWNEY 10:30 TABLE GAMES/UNO LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 TABLE GAMES/RUMMIKUB 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>
<p>10:00 EXERCISE 10:30 FAMILY FEUD 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 TABLE TOPICS</p>	<p>10:00 EXERCISE 10:30 MATCHING WORDS 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 NOODLE BALLOON VOLLEY 2:30 REFRESHMENTS 3:00 TABLE TOPICS 3:00 CAREGIVER VIRTUAL MEETING</p>	<p>10:00 EXERCISE 10:30 ANYONE'S GUESS! 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 TABLE TOPICS 3:00 CAREGIVER MTG. (IN-PERSON)</p>	<p>10:00 EXERCISE 10:30 WORD IN A WORD 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 BOTTOM'S UP 2:30 REFRESHMENTS 3:00 TABLE TOPICS</p>	<p>10:00 EXERCISE 10:30 DOMINOES/COLORING LUNCH 1:00 AFTERNOON STRETCHES 1:30 ENTERTAINMENT w/ SHAWN TAYLOR 2:30 REFRESHMENTS 3:00 TABLE TOPICS</p>
<p>10:00 EXERCISE 10:30 GUESS BY 10 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 Entertainment w/ Carl Lindquist 2:30 REFRESHMENTS 3:00 GOLDEN CONVERSATION</p>	<p>10:00 EXERCISE 10:30 ANAGRAMS WORD GAME 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 GOLDEN CONVERSATION</p>	<p>10:00 EXERCISE 10:30 PUZZLE VISION 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 YOU BE THE JUDGE 2:30 REFRESHMENTS 3:00 GOLDEN CONVERSATION</p>	<p>10:00 EXERCISE 10:30 FACTS AND FICTION 10:30 MEN'S GROUP LUNCH 1:00 POSITIVE AFFIRMATIONS AND STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 GOLDEN CONVERSATION</p>	<p>10:00 NEWS FROM THE 50's 10:30 CHAIR YOGA w/ DORIS LUNCH 10:30 ARTS AND CRAFTS/ PUZZLES 1:00 STRETCHES 1:30 DRUM LINE 2:30 REFRESHMENTS 3:00 GOLDEN CONVERSATION</p> 
<p>10:00 EXERCISE 10:30 TRIVIA 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 CASUAL CONVERATION</p>	<p>10:00 EXERCISE 10:30 SCRAMBLED WORDS 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 SING ALONG WITH ME 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>National Bowtie Day! 10:00 WORD WIZ 10:30 CHAIR YOGA w/ DORIS 10:30 MEN'S GROUP LUNCH/ OUT TRIP 1:00 AFTERNOON STRETCHES 1:30 BINGO 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 HANGMAN 10:30 MEN'S GROUP LUNCH 1:00 AFTERNOON STRETCHES 1:30 BULLSEYE 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>	<p>10:00 EXERCISE 10:30 RUMMIKUB 10:30 TABLE GAMES/PAINTING LUNCH 1:00 AFTERNOON STRETCHES 1:30 ENTERTAINMENT w/ JOHN VALERIO 2:30 REFRESHMENTS 3:00 CASUAL CONVERSATION</p>

Lunch Menu - August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>ITALIAN WEDDING SOUP CHICKEN MARSALA FRUITED QUINOA ROASTED ROOT VEGETABLES CARROT CAKE W/CREAM CHEESE ICING</p>	<p>2</p> <p>MINISTRONE SOUP HONEY GLAZED SALMON LYONNAISE POTATOES SAUTEED BROCCOLI STRAWBERRY SHORTCAKE</p>
<p>5</p> <p>ALPHABET SOUP LEMON ROSEMARY CHICKEN ROASTED RED POTATOES SEASONED CABBAGE BANANA SPLIT SUNDAE</p>	<p>6</p> <p>TUSCAN CAULIFLOWER SOUP MEAT LASAGNA GARDEN SALAD GARLIC BREAD BLONDE BROWNIE</p>	<p>7</p> <p>LENTIL SOUP HAMBURGER ON A BUN POTATO SALAD BAKED BEANS CUBED WATERMELON</p>	<p>8</p> <p>MINISTRONE SOUP CHICKEN CACCIATORE CAPELLINI ITALIAN BLEND VEGETABLES COCONUT CAKE</p>	<p>9</p> <p>MUSHROOM BARLEY SOUP VEGETABLE QUICHE GARDEN SALAD STRAWBERRY CHEESECAKE</p>
<p>12</p> <p>BEEF VEGETABLE SOUP HERB ROASTED TURKEY BAKED SWEET POTATOES RATATOUILLE BLUEBERRY SHORTCAKE</p>	<p>13</p> <p>TURKEY NOODLE SOUP STUFFED PEPPERS LYONNAISE POTATOES ROASTED ZUCCHINI & SUMMER SQUASH CREAM CHEESE BROWNIE</p>	<p>14</p> <p>WISCONSIN BEER & CHEESE SOUP HAWAIIAN CHICKEN BAKED FRENCH FRIES BAKED BEANS PEAR HALVES</p>	<p>15</p> <p>CARROT APPLE SOUP SALISBURY STEAK BROWN RICE CALIFORNIA BLEND VEGGIES CHOCOLATE ÉCLAIR</p>	<p>16</p> <p>SOUTHWESTERN TOMATO SOUP FISH & CHIPS FRENCH FRIES CHOPPED COUNTRY COLE SLAW BLACK FOREST PARFAIT</p>
<p>19</p> <p>BEEF VEGETABLE SOUP HOT ROAST BEEF W/GRAVY MASHED POTATO CHOPPED COLESLAW RED, WHITE & BLUE MOON PIES</p>	<p>20</p> <p>CHICKEN GUMBO SOUP CAPELLINI & MEATBALLS CAESAR SALAD/GARLIC BREAD ROASTED ZUCCHINI & SUMMER SQUASH ICE CREAM SUNDAE</p>	<p>21</p> <p>PIZZA DAY MUSHROOM LEEK & TURKEY BACON CHOWDER CHEESE PIZZA GARDEN SALAD DICED PEACHES</p> 	<p>22</p> <p>SWEET & SOUR SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL ASIAN BLEND VEGETABLES CUBED WATERMELON</p>	<p>23</p> <p>POTATO LEEK SOUP ROAST TURKEY WITH GRAVY FRUITED STUFFING VEGETABLE MEDLEY STRAWBERRY CHEESECAKE</p>
<p>26</p> <p>TURKEY NOODLE SOUP TERIYAKI PINEAPPLE CHICKEN WILD RICE SEASONED SPINACH PEANUT BUTTER BROWNIE</p>	<p>27</p> <p>LEMON CHICKEN & RICE SOUP BBQ MEATLOAF DIRTY MASHED POTATOES HONEY GLAZED CARROTS CHOCOLATE GANACHE CHEESECAKE</p>	<p>28</p> <p>WHITE BEAN SOUP HAMBURGER W/LETTUCE & TOMATO FRENCH FRIES BAKED BEANS FRUIT COCKTAIL</p>	<p>29</p> <p>ITALIAN WEDDING SOUP CHICKEN MARSALA FRUITED QUINOA ROASTED ROOT VEGETABLES CARROT CAKE W/CREAM CHEESE ICING</p>	<p>30</p> <p>LABOR DAY BBQ MINISTRONE SOUP HAMBURGERS & HOT DOGS FRENCH FRIES STRAWBERRY SHORTCAKE</p> 