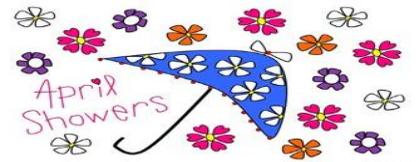


Activity Calendar - April 2026

The Director's Corner
Welcome to a busy April month! Soon we will be opening the patio back up when the temperatures are bit more consistent. We look forward to utilizing the patio for planting, future BBQs, and other fun activities in the months ahead!

Finally, don't miss a special Sip and Paint program facilitated by Morgan on Friday, April 3rd.



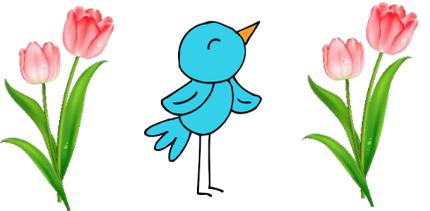
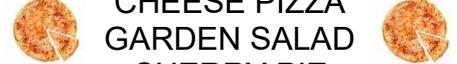
Care Partner Meetings
This month the virtual session will take place on April 21st, 7:15-8:15pm, RSVP to receive a link. The in-person session will be April 15th 3-4:00pm.

For more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p>-HAPPY- Passover</p> 	<p>April</p> 	<p>1</p> <p>10:00am Zumba Exercise 10:30am Hangman 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>2</p> <p>10:00am Chair Exercise 10:30am Famous Faces 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Let's Sing and Dance 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>3</p> <p>9:30am Pool/ Ping-Pong 10:00am Silver Sneaker Fitness 10:30am Scattergory Lunch 1:00pm Odd One Out! 1:30pm Tai Chi w/ Jonathon 1:30pm Sip & Paint w/ Morgan 2:30pm Refreshments/Mind Busters</p>
<p>6</p> <p>10:00am Sit and Be Fit 10:30am 30+Letter Word in a Word 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>7</p> <p>10:00am Chair Exercise 10:30am Family Feud 10:30am Men's group Lunch 1:00pm Fitness Ball Stretches 1:30pm Mozaic Karaoke 2:30pm Refreshments 2:45pm Goodbye Trivia</p> 	<p>8</p> <p>10:00am Silver Sneaker Fitness 10:30am Facts or Fiction 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>9</p> <p>10:00am Fusion Fitness 10:30am Finish the Analogies 10:30am Men's Group Lunch 1:00pm Chair Stretches 1:30pm Billiard Darts Match 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>10</p> <p>9:30am Pool/Ping-Pong 10:00am Zumba Exercise 10:30am Puzzle Vision Lunch 1:00pm Chair Stretches 1:30pm Entertainment w/ John 2:30pm Refreshments 2:45pm Goodbye Trivia</p>
<p>13</p> <p>10:00am Chair Exercises 10:30am Storytelling w/ J. Melmed 10:30am Men's Group/Scattergory Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>14</p> <p>10:00am Zumba Exercises 10:30am Men's group/ Guess the Buzz Words Lunch 1:00pm Chair Stretches 1:30pm Target Frisbee Match 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>15</p> <p>10:00am Fusion Fitness 10:30am Yoga w/ Sally 10:30am Foam Clay Art w/ Letty 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments</p>	<p>16</p> <p>10:00am Sit and Be Fit 10:30am Odd One Out! 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Singing to the 50's & 60's 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>17</p> <p>9:30am Pool/Ping-Pong 10:00am Silver Sneaker Fitness 10:30am Wordle/Woodwork w/ Chris Lunch 1:00pm Chair Stretches 1:30pm Entertainment w/ Warren 2:30pm Refreshments 2:45pm Mind Busters</p>
<p>20</p> <p>10:00am Zumba Exercises 10:30am Family Feud 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>21</p> <p>10:00am Silver Sneaker Fitness 10:30am Men's group/Charades w/ Letty and Chris Lunch 1:00pm Chair Stretches 1:30pm Piano Sing-Along w/ Maxine 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>22</p> <p>10:00am Sit and Be Fit 10:30am Wordle 10:30am Men's group/Out Trip Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>23</p> <p>10:00am Chair Exercises 10:30am Men's Group/Pictionary Lunch 1:00pm Chair Stretches 1:30pm Scattergory 1:30pm Plant Arrangements w/ Amy 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>24</p> <p>9:30am Pool/Ping-Pong 10:00am Fusion Fitness 10:30am Golf Match Lunch 1:00pm Chair Stretches 1:30pm Entertainment w/ Carl 2:30pm Refreshments 2:45pm Goodbye Trivia</p>
<p>27</p> <p>10:00am Silver Sneaker Fitness 10:30am Odd One Out! 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>28</p> <p>10:00am Sit and Be Fit 10:30am 28 Letter Word in a Word 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bean Bag Toss 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>29</p> <p>10:00am Zumba Exercises 10:30am Facts or Fiction 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>30</p> <p>10:00am Zumba Exercise 10:30am Buzz Word-Anyone's Guess 10:30am Men's group Lunch 1:00pm Chair Stretches 1:30pm Pass the Mic 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>Join us for Coffee Hour Every Morning at 9:00am</p> 

Alternate programs are offered daily. Calendars are subject to change.

Lunch Menu - April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>TURKEY & RICE SOUP HAMBURGER OR HOT DOG THREE BEAN SALAD BAKED BEANS TAPIOCA PUDDING</p>	<p>2</p> <p>CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE APPLE CRUMB PIE</p>	<p>3</p> <p>TURKEY NOODLE SOUP COUNTRY FRIED CHICKEN CUTLET POTATOES O'BRIEN CALIFORNIA BLEND VEGGIES RED VELVET CUPCAKES</p>
<p>6</p> <p>ITALIAN WEDDING SOUP HOMESTYLE BEEF STEW RICE PILAF BROCCOLI/CORN BREAD PINEAPPLE UPSIDE DOWN CAKE</p>	<p>7</p> <p>BEEF BARLEY SOUP ROAST TURKEY W/GRAVY CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING</p>	<p>8</p> <p>POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS BLUEBERRY PIE</p>	<p>9</p> <p>BUTTERNUT SQUASH SOUP CHEESE TORTELLINI WITH PRIMAVERA SAUCE SAVORY COUSCOUS ROASTED VEGETABLE MEDLEY PUMPKIN SPICE COFFEE CAKE</p>	<p>10</p> <p>PIZZA DAY CREAM OF BROCCOLI SOUP CHEESE PIZZA GARDEN SALAD CHERRY PIE</p> 
<p>13</p> <p>POTATO SOUP SWEET & SOUR CHICKEN FRIED RICE JAPANESE BLEND VEGGIES PEACHES</p>	<p>14</p> <p>TURKEY NOODLE SOUP MEATLOAF W/GRAVY MASHED POTATOES CAULIFLOWER BLUEBERRY COBBLER</p>	<p>15</p> <p>POTATO LEEK SOUP VEGETABLE QUICHE  GARDEN SALAD CHOCOLATE CAKE</p>	<p>16</p> <p>CHICKEN & RICE SOUP STUFFED SHELLS MARINARA QUINOA FRUIT STUFFING GREEN BEANS GARLIC BREAD PUMPKIN PIE</p>	<p>17</p> <p>MINISTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE</p>
<p>20</p> <p>EGG DROP SOUP CITRUS SPICED COD SESAME NOODLES/EGG ROLL ASIAN BLEND VEGGIES PEANUT BUTTER BROWNIE</p>	<p>21</p> <p>ITALIAN WEDDING SOUP STUFFED PEPPERS TOASTED ORZO GARLIC TOAST AMBROSIA SALAD</p>	<p>22</p> <p>POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS CREAMY COLESLAW LEMON PIE</p>	<p>23</p> <p>PASTA FAGIOLI SOUP CHICKEN PARMESAN CAPELLINI RATATOUILLE CHOCOLATE CREAM PIE</p>	<p>24</p> <p>QUINOA VEGETABLE SOUP BAKED ZITI WITH MEAT SAUCE STEAMED BROWN RICE GARLIC ITALIAN BEANS VANILLA CAKE W/CHOC ICING</p>
<p>27</p> <p>CHICKEN ESCAROLE RICE SOUP VEGETABLE LASAGNA STEAMED BROCCOLI GARLIC BREAD STRAWBERRY POKE CAKE</p>	<p>28</p> <p>BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE</p>	<p>29</p> <p>TURKEY & RICE SOUP HAMBURGER OR HOT DOG THREE BEAN SALAD BAKED BEANS TAPIOCA PUDDING</p>	<p>30</p> <p>CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE APPLE CRUMB PIE</p>	

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS: BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. MENUS ARE SUBJECT TO CHANGE. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST