

Activity Calendar - May 2026

The Director's Corner

Happy May to all our Mozaic Adult Day Members! First, don't miss a special Mother's Day performance by Larry Batter on Friday, May 8th.






Finally, we are happy to announce that the Fairfield Garden Club will return to the center for a special Mother's Day planting program on Thursday, May 7th.







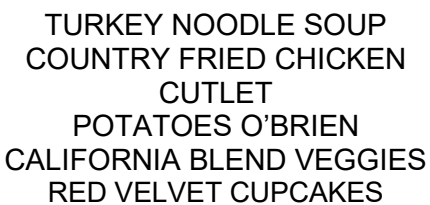

Care Partner Meetings

This month the virtual session will take place on May 19th, 7:15-8:15pm, *RSVP* to receive a link. The in-person session will be May 13th 3-4:00pm.

For more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
			 <p>Join us for Coffee Hour Every Morning at 9:00am</p>	<p>10:00am Chair Zumba 10:30am Match the Synonyms 10:30am Woodworks w/ Chris Lunch 1:00pm Sing Along 1:30pm Tai Chi w/ Jonathon 1:30pm Spa Day w/ Letty 2:30pm Refreshments 2:45pm Mind Busters</p>
<p>4</p> <p>10:00am Chair Exercise 10:30am Finish the Analogies 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia x</p>	<p>5</p> <p>10:00am Chair Zumba 10:30am Facts or fiction 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Cinco De Mayo Celebration w/ John Valerio 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>6</p> <p>10:00am Sit and Be Fit 10:30am Celebrity Faces 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>7</p> <p>10:00am Silver Sneaker Fitness 10:30am Fairfield Garden Club/Garden Program 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bowling Match 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>8</p> <p>10:00am Fusion Fitness 10:30am Mother's Day Celebration w/ Larry Batter Lunch 1:00pm Stretches 1:30pm Family Feud 2:30pm Refreshments 2:45pm Goodbye Trivia</p>
<p>11</p> <p>10:00am Sit and Be Fit 10:30am Wordle 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>12</p> <p>10:00am Silver Sneaker Fitness 10:30am Let's Sing and Dance 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Scattergories 1:30pm Arts & Crafts w/ JoAnn 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>13</p> <p>10:00am 28+ Letter Word in a Word 10:30am Yoga w/ Sally 10:30am Out Trip 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>14</p> <p>10:00am Chair Zumba 10:30am Odd One Out! 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Golf Match 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>15</p> <p>10:00am Chair Exercise 10:00am Virtual Reality w/ Letty 10:30am Puzzle Vision Lunch 1:00pm Old Wives Tales 1:30pm Entertainment w/ Warren Bloom 2:30pm Refreshments 2:45pm Mind Busters</p>
<p>18</p> <p>10:00am Chair Zumba 10:30am Family Feud 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>19</p> <p>10:00am Sit and Be Fit 10:30am Hangman 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Sing Along 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>20</p> <p>10:00am Fusion Fitness 10:30am Match the Antonyms 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>21</p> <p>10:00am Chair Exercise 10:30am Men's Group/ Charades w/ Letty & Chris Lunch 1:00pm Stretches 1:30pm Wordle 1:30pm Pot Planting w/ Amy 2:30pm Refreshments 2:45pm Goodbye Trivia</p>	<p>22</p> <p>10:00am Silver Sneaker Fitness 10:30am Entertainment with Carl Lindquist 12:00pm Memorial Day BBQ 1:00pm Stretches 1:30pm Bull's Eye Match 2:30pm Refreshments 2:45pm Goodbye Trivia</p>
<p>25</p> <p>CENTER CLOSED</p> 	<p>26</p> <p>10:00am Fusion Fitness 10:30am 28+ Letter Word in a Word 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Billiard Dart Match 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>27</p> <p>10:00am Silver Sneaker Fitness 10:30am Rephrase That! 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo-Fitness Prizes! 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>28</p> <p>10:00am Sit and Be Fit 10:30am Buzz Word- Anyone's Guess Lunch 1:00pm Stretches 1:30pm Mozaic Karaoke 2:30pm Refreshments 2:45pm Mind Busters</p>	<p>29</p> <p>10:00am Zumba Exercise 10:30am Famous Faces Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Mind Busters</p>

Lunch Menu - May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				
ITALIAN WEDDING SOUP HOMESTYLE BEEF STEW RICE PILAF BROCCOLI/CORN BREAD PINEAPPLE UPSIDE DOWN CAKE	BEEF BARLEY SOUP ROAST TURKEY W/GRAVY CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING	POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS BLUEBERRY PIE	BUTTERNUT SQUASH SOUP CHEESE TORTELLINI WITH PRIMAVERA SAUCE SAVORY COUSCOUS ROASTED VEGETABLE MEDLEY PUMPKIN SPICE COFFEE CAKE	PIZZA DAY TURKEY NOODLE SOUP CHEESE PIZZA GARDEN SALAD CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING
POTATO SOUP SWEET & SOUR CHICKEN FRIED RICE JAPANESE BLEND VEGGIES PEACHES	TURKEY NOODLE SOUP MEATLOAF W/GRAVY MASHED POTATOES CAULIFLOWER BLUEBERRY COBBLER	POTATO LEEK SOUP HAMBURGER OR HOT DOG MACARONI SALAD BAKED BEANS CHOCOLATE CAKE	CHICKEN & RICE SOUP HERB ROASTED TURKEY W/GRAVY QUINOA FRUIT STUFFING GREEN BEANS/GARLIC BREAD PUMPKIN PIE	MINISTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE
EGG DROP SOUP CITRUS SPICED COD SESAME NOODLES/EGG ROLL ASIAN BLEND VEGGIES PEANUT BUTTER BROWNIE	ITALIAN WEDDING SOUP STUFFED PEPPERS TOASTED ORZO GARLIC TOAST AMBROSIA SALAD	POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS CREAMY COLESLAW LEMON PIE	PASTA FAGIOLI SOUP CHICKEN PARMESAN CAPELLINI RATATOUILLE CHOCOLATE CREAM PIE	MEMORIAL DAY BBQ QUINOA VEGETABLE SOUP HAMBURGERS & HOTDOGS FRENCH FRIES COLESLAW VANILLA CAKE W/CHOC ICING
MEMORIAL DAY  CENTER CLOSED	BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE	TURKEY & RICE SOUP HAMBURGER OR HOT DOG THREE BEAN SALAD BAKED BEANS TAPIOCA PUDDING	CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE APPLE CRUMB PIE	TURKEY NOODLE SOUP COUNTRY FRIED CHICKEN CUTLET POTATOES O'BRIEN CALIFORNIA BLEND VEGGIES RED VELVET CUPCAKES

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS. BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT. SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. MENUS ARE SUBJECT TO CHANGE. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST.