

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Prayers w/ Oramas**  
 1:30 Refreshments  
 2:30 Say Something Nice Day  
 3:30 Karaoke

9:00 News and Daily Chronicles  
 10:00 Chair Yoga  
**11:00 Fishing Game**  
 1:30 Father's Day Postcards  
 2:30 Family Feud  
 3:30 Bird Watching

9:00 News and Daily Chronicles  
 10:00 Scarf Dancing  
**11:00 Rosario**  
**1:30 Wednesday Wellness**  
 2:30 Eye Spy  
 3:30 Sing Along

9:00 News and Daily Chronicles  
 10:00 Gentle Stretches  
**11:00 Hang Man**  
**1:30 Baking W/Sue**  
 2:30 Jeopardy  
 3:30 Florida Tour

9:00 News and Daily Chronicles  
 10:00 Drumming Circle  
**11:00 Bingo Mania**  
 1:30 Friday Social  
 2:30 Guess the Artist  
 3:30 Drive-in Movie W popcorn



**Maria Martinez,**  
 LPN/Admissions  
 203-380-1228 EXT 102

**Julie Ruiz,**  
 Therapeutic Recreation  
 EXT 106

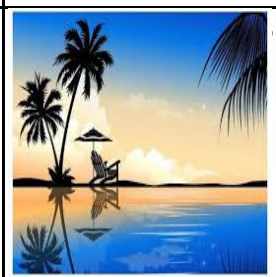
9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Prayers w/ Oramas**  
 1:30 Refreshments  
 2:30 Table Games  
 3:30 Let's Chat

9:00 News and Daily Chronicles  
 10:00 Chair Yoga  
**11:00 Summer Fashion Show**  
**1:30 Tai Chi W/ Ann**  
 2:30 Guess the Animal  
 3:30 News & Views

**Iced Tea Day**  
 9:00 News and Daily Chronicles  
 10:00 Gentle Stretches  
**11:00 Pastor David**  
 1:30 Arts & Crafts  
**2:30 CNA Celebration**  
 3:30 Oldies but Goodies

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Circle Time**  
**1:30 Baking W/Sue**  
 2:30 Sand Art  
 3:30 Cranium Crunches

9:00 News and Daily Chronicles  
 10:00 Chair Exercise  
**11:00 Music Entertainment W/ Jen**  
 1:30 Friday Social  
 2:30 Hangman  
 3:30 Movie Friday



9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Prayers w/ Oramas**  
 1:30 Bingo  
 2:30 Monday Muse  
 3:30 Oldies but Goodies

9:00 News and Daily Chronicles  
 10:00 Drumming Circle  
**11:00 Gardening**  
 1:30 Hand Spa  
 2:30 Occupation Chat  
 3:30 Funny Pets

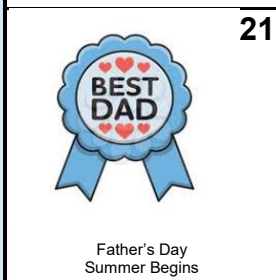
9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Out trip (Captains Cove)**  
**1:30 Therapeutic Coloring**  
 2:30 Travel Memories  
 3:30 Rhyme Time

9:00 News and Daily Chronicles  
 10:00 Chair Yoga  
**11:00 Men/Women Club**  
**1:30 Baking W/Sue**  
 2:30 DIY Flower Craft  
 3:30 Mad Libs

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Barnum Festival Road Show**  
**1:30 Father's Day Social**  
 2:30 Quiz Blitz  
 3:30 Luncheon

**Transportation**  
**Milford 203-874-4507**  
**Valley 203-735-6408**  
**GBTA 203-579-7777**

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9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Prayers w/ Oramas**  
 1:30 Refreshments  
 2:30 Self Reflection  
 3:30 Funny Animal videos

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Sea Shell Painting**  
 1:30 Journaling  
 2:30 Trivia Tuesday  
 3:30 Famous Biographies

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Pastor David**  
 1:30 Bingo  
 2:30 Rhyme time  
 3:30 Name That Tune

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Balloon Toss**  
**1:30 Baking W/Sue**  
 2:30 Card Game  
 3:30 Reminiscence

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 B-Day Celebration W/ Edwin**  
 1:30 Word Game  
 2:30 Dance Along  
 3:30 Movie Friday

**Happy Birthday!**  
*Nimal D 6/7*  
*Gaokaran S 6/25*  
*Joe N 6/28*  
*Francille D 6/29*

**Wellness Meals**

**Alternate Program**  
 Arts & Crafts,  
 Painting/Coloring,  
 Walking Group  
 Chair Games,  
 Relaxation,  
 Reading Club  
**Breakfast 7:30am-10:00am**  
**Lunch 12:00pm - 1:15pm**

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Prayers w/ Oramas**  
 1:30 Bingo  
 2:30 Dance Party  
 3:30 Let's Chat

9:00 News and Daily Chronicles  
 10:00 Sit and stay fit  
**11:00 Spiritual Hymns**  
 1:30 Short Stories  
 2:30 Horse Racing  
 3:30 Funny baby Videos

# June 2026

**MOZAIC** Adult Day Program