




# Activity Calendar – June 2025

### The Director's Corner

Happy June to all our Caregivers, Partners, and Members! First, don't miss a Clay Pottery program facilitated by our Recreation Coordinator Letty on Friday, June 6th. Please note space is limited.

Finally, our special Father's Day celebration with entertainment provided by Shawn Taylor will be held on Friday, June 13<sup>th</sup>.



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:00am Fusion Fitness 10:30am Odd One Out! <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics	<b>3</b> 10:00am Silver Sneakers Fitness 10:30am Celebrity Faces <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Golf Match 2:30pm Refreshments 2:45pm Table Topics	<b>4</b> 10:00am Chair Zumba 10:30am Hangman <b>10:30am Woodworks w/Chris</b> <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	<b>5</b> 10:00am Chair Exercise 10:30am Puzzle Vision <b>10:30am Men's Group</b> LUNCH 1:00pm Fitness Ball Stretches 1:30pm Bean Bag Toss 2:30pm Refreshments 2:45pm Table Topics	<b>6</b> 10:00am Antonym Challenge <b>10:30am Yoga w/ Doris</b> <b>10:30am Clay Pottery w/ Letty</b> LUNCH 1:00pm Stretches 1:30pm Let's Sing and Dance! 2:30pm Refreshments 2:45pm Table Topics
<b>9</b> 10:00am Silver Sneakers Fitness 10:30am 28+ Letter Word Find <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations	<b>10</b> 10:00am Chair Zumba 10:30am Facts or Fiction <b>10:30am Men's Group</b> LUNCH 1:00pm Bean Bag Stretches 1:30pm Bowling Match 2:30pm Refreshments 2:45pm Golden Conversations	<b>11</b> 10:00am Wordle <b>10:30am Yoga w/Doris</b> <b>10:30am OUT TRIP-Toys for Tots</b> <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations	<b>12</b> 10:00am: Sit and Be Fit 10:30am Is that your Final Answer? <b>10:30am: Men's Group</b> LUNCH 1:00pm: Stretches 1:30pm: Karaoke/Pass the Mic 2:30pm Refreshments 2:45pm Golden Conversations	<b>13</b> 10:00am: Chair Exercise <b>10:30am Father's Day Entertainment w/ Shawn Taylor</b> LUNCH 1:00pm: Finish the Analogies <b>1:30pm: Tai Chi w/ Jonathon</b> 2:30pm Refreshments 2:45pm Golden Conversations
<b>16</b> 10:00am Chair Zumba 10:30am Family Feud <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations	<b>17</b> 10:00am Sit and Be Fit 10:30am Wordle <b>10:30am Men's Group</b> LUNCH 1:00pm Bean Bag Stretches 1:30pm Let's Sing and Dance! 2:30pm Refreshments 2:45pm Casual Conversations	<b>18</b> 10:00am Chair Exercise 10:30am Same Meaning Challenge <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Casual Conversations	<b>19</b> 10:00am Silver Sneakers Fitness 10:30am Celebrity Faces <b>10:30am Men's group</b> LUNCH 1:00pm Stretches 1:30pm Horseshoe Toss 2:30pm Refreshments 2:45pm Casual Conversations	<b>20</b> 10:00am Fusion Fitness 10:30am Scattergories <b>10:30am Spa Day with Letty</b> LUNCH: <b>Summer BBQ</b> 1:00pm: Stretches <b>1:30pm: Entertainment w/ John Valerio</b> 2:30pm Refreshments 2:45pm Casual Conversations
<b>23</b> 10:00am Silver Sneakers Fitness 10:30am Historical Trivia <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics	<b>24</b> 10:00am Fusion Fitness <b>10:30am Herbal Planting w/ Amy Lopez</b> <b>10:30am Men's Group</b> LUNCH 1:00pm Bean Bag Stretches 1:30pm Aim for the Bull's Eye! 2:30pm Refreshments 2:45pm Table Topics <b>3:00pm: Caregiver Support</b>	<b>25</b> 10:00am Chair Exercise 10:30am Price was Right Then! <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Table Topics <b>3:00pm: Caregiver Support Group (In-Person)</b>	<b>26</b> 10:00am Sit and Be Fit 10:30am Family Feud <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Sing Along 2:30pm Refreshments 2:45pm Table Topics	<b>27</b> 10:00am Chair Zumba 10:30am 30+ Letter Word in a Word LUNCH 1:00pm Stretches <b>1:30pm Entertainment w/ Carl Lindquist</b> 2:30pm Refreshments 2:45pm Table Topics
<b>30</b> 10:00am Sit and Be Fit 10:30am Scattergories <b>10:30am Men's Group</b> LUNCH 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 2:45pm Golden Conversations	Coffee Hour For Clients Every Morning at 9:00am  Alternate programs offered daily			
				

### Care Partner Meetings

This month the virtual session will take place on June 17<sup>th</sup>, 7:15-8:15pm, *RSVP* to receive a link. The in-person session will be June 18<sup>th</sup> 3-4:00pm.

For more information, contact Tiffany Colucci, MS, PC, NCC ElderCare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>EGG DROP SOUP SWEET &amp; SOUR CHICKEN SESAME NOODLES JAPANESE BLEND VEGGIES PEANUT BUTTER BROWNIE</div>	<div>3</div> <div>ITALIAN WEDDING SOUP MANICOTTI W/MARINARA SAUCE TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD</div>	<div>4</div> <div>POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW LEMON PIE</div>	<div>5</div> <div>PASTA FAGIOLI SOUP CHICKEN PARMESAN CAPELLINI RATATOUILLE CHOCOLATE CREAM PIE</div>	<div>6</div> <div>PIZZA DAY QUINOA VEGETABLE SOUP CHEESE PIZZA GARDEN SALAD VANILLA CAKE W/CHOC ICING</div> <div></div>
<div>9</div> <div>ESCAROLE &amp; BEAN SOUP VEGETABLE LASAGNA GARLIC BROCCOLI MINT BROWNIES</div>	<div>10</div> <div>BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE</div>	<div>11</div> <div>TURKEY &amp; WILD RICE SOUP HAMBURGER OR HOT DOG BAKED BEANS THREE BEAN SALAD TAPIOCA PUDDING</div>	<div>12</div> <div>WISCONSIN CHEESE SOUP TERIYAKI CHICKEN THAI STYLE VEGETABLE SALAD WHITE RICE CINNAMON ROLL APPLE PIE</div>	<div>13</div> <div>TURKEY NOODLE SOUP COUNTRY FRIED CHICKEN CUTLET POTATOES O'BRIEN CALIFORNIA BLEND VEGGIES CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING</div>
<div>16</div> <div>ITALIAN WEDDING SOUP EGGPLANT ROLLATINI RICE PILAF BROCCOLI PINEAPPLE UPSIDE DOWN CAKE</div>	<div>17</div> <div>BEEF BARLEY SOUP HOMESTYLE BEEF STEW BOW TIE PASTA ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING</div>	<div>18</div> <div>POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS PEACH PIE</div>	<div>19</div> <div>BUTTERNUT SQUASH SOUP CHEESE TORTELLINI WITH PRIMAVERA SAUCE SAVORY COUSCOUS ROASTED VEGETABLE MEDLEY CHOCOLATE CREAM PIE</div>	<div>20</div> <div>SUMMER BBQ CREAM OF BROCCOLI SOUP HAMBURGERS &amp; HOTDOGS FRENCH FRIES COLESLAW CHERRY PIE</div> <div></div>
<div>23</div> <div>GINGER CARROT SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL JAPANESE BLEND VEGGIES PEACHES</div>	<div>24</div> <div>WISCONSIN CHEESE SOUP MEATLOAF WITH GRAVY MASHED POTATOES BROCCOLI BLUEBERRY COBBLER</div>	<div>25</div> <div>POTATO LEEK SOUP HAMBURGER OR HOT DOG FRENCH FRIES BAKED BEANS CHOCOLATE CAKE</div>	<div>26</div> <div>CHICKEN &amp; RICE SOUP HERB ROASTED TURKEY W/GRAVY QUINOA FRUIT STUFFING GREEN BEAN CASSEROLE APPLE PIE</div>	<div>27</div> <div>MINESTRONE SOUP MOROCCAN STYLE CHICKEN RED SMASHED POTATOES SAUTEED MIXED VEGGIES PUMPKIN CHEESECAKE</div>
<div>30</div> <div>EGG DROP SOUP SWEET &amp; SOUR CHICKEN SESAME NOODLES JAPANESE BLEND VEGGIES PEANUT BUTTER BROWNIE</div>	<div></div>	<div></div>	<div></div>	<div></div>

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS. BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT. SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. MENUS ARE SUBJECT TO CHANGE. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST