











The Director's Corner
Happy November to all our Caregivers, Partners and Members!
First, don't miss a new program to the Adult Day program called "Hands on Pottery" with Alyssa on Thursday, November 21st. Please note space is limited. Finally, a reminder the program will be closed on November 28th and 29th for the Thanksgiving holiday. Wishing everyone a healthy and happy holiday!

Care Partner Meetings
This month the "in-person" care partner support meeting will take place on November 20th (masks are optional). *RVSPs are appreciated though not required to attend.*
We will not be having a virtual meeting this month.
For more information, contact Tiffany Colucci, MS, PC, NCC ElderCare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
	Join us for Coffee Hour Every Morning at 9:00am			<p>10:00 60's Price is Right! 10:30 Chair Yoga with Doris Woodwork with Chris 11:30 LUNCH 1:00 Stretches 1:30 Anybody's Guess 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">1</p>
<p>10:00 Chair Zumba 10:30 Word within a Word Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">4</p>	<p>10:00 Sit and Be Fit! 10:30 Trivia Pursuit Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Bowling Match 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">5</p>	<p>10:00 Silver Sneaker Exercise 10:30 Pictionary 10:30 Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">6</p>	<p>10:00 Chair Exercise 10:30 Family Feud Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Mozaic Karaoke/Pass the Microphone! 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">7</p>	<p>10:00 Fusion Fitness 10:30 Entertainment with Larry Batter 11:30 LUNCH 1:00 50's Price is Right! 1:30 Tai Chi with Jonathon Dominoes/Puzzles 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">8</p>
<p>10:00 Silver Sneaker Exercise 10:30 Honoring our Veterans w/ Allen & Letty 11:30 LUNCH 1:00 Exercise Free Style 1:30 Bingo 2:30 Refreshments 2:45 Casual Conversation</p> <p style="text-align: right;">11</p>	<p>10:00 Fusion Fitness 10:30 Fact or Fiction Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Sports Match 2:30 Refreshments 2:45 Casual Conversation</p> <p style="text-align: right;">12</p>	<p>10:00 Chair Zumba 10:30 Match it up! Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Casual Conversation</p> <p style="text-align: right;">13</p>	<p>10:00 Sit and Be Fit! 10:30 Wordle Men's Club 11:30 LUNCH 1:00 Stretches 1:30 Sing and Dance Along 2:30 Refreshments 2:45 Casual Conversation</p> <p style="text-align: right;">14</p>	<p>10:00 Chair Exercise 10:00 Intergenerational Art Project w/ The Child Development Center 10:30 Power Word Building 11:30 LUNCH 1:00 Stretches 1:30 Golf Match 2:30 Refreshments 2:45 Casual Conversation</p> <p style="text-align: right;">15</p>
<p>10:00 Fusion Fitness 10:30 Word Tease Men's Group 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">18</p>	<p>10:00 Chair Zumba 10:30 Scattergories Men's Group 11:30 LUNCH 1:00 Stretches 1:30 Bean Bag Toss 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">19</p>	<p>10:00 Celebrity Faces 10:30 Chair Yoga with Doris Out Trip Men's Group 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">20</p>	<p>10:00 Chair Exercise 10:30 Hands on Pottery w/ Alyssa 10:30 Men's Group Jeopardy LUNCH 1:00 Stretches 1:30 Bull's Eye Toss 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">21</p>	<p>10:00 Silver Sneaker Exercise 10:30 Arts and Crafts with JoAnn Dominoes/Rummikub/Coloring 11:30 LUNCH 1:00 Stretches 1:30 Puzzle Vision 2:30 Refreshments 2:45 Table Topics</p> <p style="text-align: right;">22</p>
<p>10:00 Chair Zumba 10:30 Family Feud Men's Group 11:30 LUNCH 1:00 Stretches 1:30 Bingo 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">25</p>	<p>10:00 Sit and Be Fit! 10:30 Bottom's Up! Men's Group 11:30 LUNCH 1:00 Stretches 1:30 Entertainment with Warren Bloom 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">26</p>	<p>10:00 Fusion Fitness 10:30 Holiday Entertainment w/ Roger Young Table games/Jigsaw Puzzles Men's Group LUNCH 1:00 Stretches 1:30 Holiday Bingo 2:30 Refreshments 2:45 Golden Conversation</p> <p style="text-align: right;">27</p>	<p> Program Closed</p> <p style="text-align: right;">28</p>	<p> Program Closed</p> <p style="text-align: right;">29</p>

Lunch Menu - November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 MUSHROOM BARLEY SOUP BAKED FLOUNDER WITH DILL SAUCE MASHED POTATOES WAXED BEANS STRAWBERRY CHEESECAKE
4 BEEF VEGETABLE SOUP HERB ROASTED TURKEY BAKED SWEET POTATOES RATATOUILLE BLUEBERRY SHORTCAKE	5 TURKEY NOODLE SOUP STUFFED PEPPERS LYONNAISE POTATOES ROASTED ZUCCHINI & SUMMER SQUASH CREAM CHEESE BROWNIE	6 WISCONSIN BEER & CHEESE SOUP HAWAIIAN CHICKEN BAKED FRENCH FRIES BAKED BEANS PEAR HALVES	7 CARROT APPLE SOUP SALISBURY STEAK BROWN RICE CALIFORNIA BLEND VEGGIES CHOCOLATE ÉCLAIR	8 SOUTHWESTERN TOMATO SOUP FISH AND CHIPS FRENCH FRIES COUNTRY COLESLAW BLACK FOREST PARFAIT
11 BEEF VEGETABLE SOUP HOT ROAST BEEF W/GRAVY MASHED POTATO CHOPPED COLESLAW RED, WHITE & BLUE MOON PIES	12 CHICKEN GUMBO SOUP TURKEY POT PIE CAESAR SALAD/GARLIC BREAD ROASTED ZUCCHINI & SUMMER SQUASH ICE CREAM SUNDAE	13 MUSHROOM LEEK & TURKEY BACON CHOWDER HAMBURGERS & HOT DOGS BAKED FRENCH FRIES BAKED BEANS DICED PEACHES	14 SWEET & SOUR SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL ASIAN BLEND VEGETABLES CUBED WATERMELON	15 PIZZA DAY POTATO LEEK SOUP CHEESE PIZZA GARDEN SALAD STRAWBERRY CHEESECAKE
18 TURKEY NOODLE SOUP TERIYAKI PINEAPPLE CHICKEN WILD RICE SEASONED SPINACH PEANUT BUTTER BROWNIE	19 LEMON CHICKEN & RICE SOUP BBQ MEATLOAF DIRTY MASHED POTATOES HONEY GLAZED CARROTS CHOCOLATE GANACHE CHEESECAKE	20 WHITE BEAN SOUP VEGETABLE QUICHE GARDEN SALAD FRUIT COCKTAIL	21 ITALIAN WEDDING SOUP CHICKEN MARSALA FRUITED QUINOA ROASTED ROOT VEGETABLES CARROT CAKE W/CREAM CHEESE ICING	22 MINISTRONE SOUP HONEY GLAZED SALMON LYONNAISE POTATOES SAUTEED BROCCOLI STRAWBERRY SHORTCAKE
25 ALPHABET SOUP LEMON ROSEMARY CHICKEN ROASTED RED POTATOES SEASONED CABBAGE BANANA SPLIT SUNDAE	26 TUSCAN CAULIFLOWER SOUP VEGETABLE LASAGNA GARDEN SALAD GARLIC BREAD BLONDE BROWNIE	27 LENTIL SOUP HAMBURGERS & HOT DOGS POTATO SALAD BAKED BEANS CUBED WATERMELON	28  CENTER CLOSED	29 CENTER CLOSED