

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <p><b>1</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Yoga <b>11:00am Prayers W/Rev Orama</b> 1:30pm Teatime 2:30pm Bingo 3:30pm Reminisce back in time. <small>Purim Begins</small></p>	<p><b>2</b> 9:00am News &amp; Daily Chronicles 10:00am Scarf Dancing 11:00am Parachute <b>1:30pm Tai Chi W/Ann</b> 2:30pm Balloon Toss 3:30pm Group Chat</p>	<p><b>3</b> 9:00am News &amp; Daily Chronicles 10:00am Sit and Stay Fit <b>11:00am MS Rhyme time</b> <b>11:00am MRE (Rosario)</b> 1:30pm Karaoke 2:30pm Guess Who? 3:30pm Blast from the past</p>	<p><b>4</b> 9:00am News &amp; Daily Chronicles 10:00am Gentle Stretching 11:00am Ring Toss <b>1:30pm Baking W/Sue</b> 2:30pm Would You Rather 3:30pm Group Discussion</p>	<p><b>5</b> 9:00am News &amp; Daily Chronicles 10:00am- Sit &amp; Stay Fit <b>11:00am MS/MRE Bingo Mania</b> 1:30pm- Happy Hour 2:30pm Sing Along 3:30pm Cinema Friday</p>	<p><b>6</b> <b>Alternate Programs:</b> Arts &amp; Crafts, Painting/Coloring, Walking Group Chair Games, Relaxation, Reading Club</p>
 <p><b>8</b> 9:00am News &amp; Daily Chronicles 10:00am Sit and stay fit <b>11:00am Prayers W/Rev Orama</b> 1:30pm Social Hour 2:30pm Bingo 3:30pm Karaoke <small>Daylight Saving Time Begins</small></p>	<p><b>9</b> 9:00am News &amp; Daily Chronicles 10:00am Drum Circle <b>11:00am Name that tune</b> 1:30pm Therapeutic Coloring (Flowers) 2:30pm Would You Rather 3:30pm Sing Along</p>	<p><b>10</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Zumba 11:00am MS Spiritual Hymns <b>11:00am MRE Pastor David</b> 1:30pm Sand Craft 2:30pm Name that item 3:30pm Oldies Tunes</p>	<p><b>11</b> 9:00am News &amp; Daily Chronicles 10:00am Gentle Stretch 11:00am Creating Poems <b>1:30pm Baking W/ Sue</b> <b>2:30pm Jewelry Making</b> 3:30pm Hangman</p>	<p><b>12</b> 9:00am News &amp; Daily Chronicles 10:00am- Chair Yoga <b>11:00am Happy Hour – Jennifer Disapio</b> 1:30pm Friday Social 2:30pm Guess Who 3:30pm Cinema Friday</p>	 <p><b>4</b></p>
 <p><b>15</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Yoga <b>11:00am Prayers W/Rev Orama</b> 1:30pm Teatime 2:30pm Bingo 3:30pm Trivia</p>	<p><b>16</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Zumba <b>11:00am St. Patrick's Celebration W/ Mike Negretti</b> 1:30pm Bird Feeder Craft 2:30pm- Lucky Memory 3:30pm- Fish Moves &amp;</p>	<p><b>17</b> 9:00am News &amp; Daily Chronicles 10:00am Drumming Circle <b>11:00 am MS/MRE Pottery Painting</b> 1:30pm Arts &amp; Crafts 2:30pm Geography Trivia 3:30pm Family Feud</p>	<p><b>18</b> 9:00am News &amp; Daily Chronicles 10:00am Sit and stay fit 11:00am Horse Racing <b>1:30pm Baking W/Sue</b> <b>2:30pm Planting Flowers/Plants</b> 3:30pm- Sing Along</p>	<p><b>19</b> 9:00am News &amp; Daily Chronicles 10:00am- Scarf Dancing <b>11:00am Sip &amp; Paint W/ Morgan (Flowers)</b> 1:30pm Happy Hour 2:30pm T.V. Show Trivia 3:30pm Cinema Friday <small>Spring Begins</small></p>	 <p><b>Happy Birthday</b> <b>21</b> <i>Raymond H 3/05 Teresa G 3/13 Ronald S. 3/17 Joseph L. 3/19 Patrica M – 3/27</i></p>
 <p><b>22</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Yoga <b>11:00am Prayers W/Rev Orama</b> 1:30pm Social Hour 2:30pm Bingo 3:30pm Let's Chat</p>	<p><b>23</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Yoga <b>11:00am March Madness Challenges</b> 1:30pm Sing Along 2:30pm Sports Trivia 3:30pm Name That Team by Logo</p>	<p><b>24</b> 9:00am News &amp; Daily Chronicles 10:00am Sit and stay fit 11:00am MS Spiritual Hymns <b>11:00am MRE Pastor David</b> <b>1:30pm Men's Club</b> 2:30pm Name that tune 3:30pm Karaoke</p>	<p><b>25</b> 9:00am News &amp; Daily Chronicles 10:00am Sit and Stay Fit <b>11:00am March Birthday BASH!!! With Edwin</b> <b>1:30pm Baking W/ Sue</b> 2:30pm- Spring Coloring 3:30pm- Riddle me this</p>	<p><b>26</b> 9:00am News &amp; Daily Chronicles 10:00am- Drumming 11:00am Bingo Mania 1:30pm Friday Social <b>2:30pm Women's Club (Beauty Hour)</b> 3:30pm Cinema Friday</p>	<p><b>27</b> <b>Maria Martinez, LPN/Admissions</b> 203-380-1228 – Ext 104 <b>Julie Ruiz, Jackie Madrid</b> Therapeutic Recreation Ext - 106 <b>Transportation</b> Milford 203-874-4507 Valley 203-735-6408 GBTA 203-579-7777</p> <p><b>28</b></p>
 <p><b>29</b> 9:00am News &amp; Daily Chronicles 10:00am Chair Yoga <b>11:00am Prayers W/Rev Orama</b> 1:30pm Teatime 2:30pm Bingo 3:30pm Group Discussion <small>Palm Sunday</small></p>	<p><b>30</b> 9:00am News &amp; Daily Chronicles 10:00am Gentle Stretching 11:00am Horse Racing <b>1:30pm Therapeutic Coloring</b> 2:30pm Finish the phrase 3:30pm Let's talk</p>	<p style="text-align: center;"><b>March 2026</b></p> <p style="text-align: center;">MOZAIC Adult Day Program </p>			