

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

MOZAIC Adult Day Program



October 2026 MOZAIC Adult Day Program											
Italian Heritage Month 		9:00 News and Daily Chronicles 10:00 Sit and stay fit. 11:00 Prayers w/ Oramas 11:00am Trivia 1:30 Teatime Social 2:30 Rhyme Time 3:30-4:30 Match Me	5 Taco Tuesday! 9:00 News and Daily Affirmations 10:00 Chair Yoga 11:00am Gratitude Circle/ Sensory- LB 1:30pm Tai Chi W/ Ann Sullo 2:30 Taco Time! 3:30-4:30 Group Puzzles	69:00 News and Daily Chronicles 10:00 Gentle Stretches 11:00- Roger Piano Man/ Sensory LB 1:30 Bingo 2:30 Arts & Crafts 3:30-4:30 Horse Racing	79:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Celebrating Italy W/ Music by Mike 1:30 Serving Mini Meatballs and Marinera sauce. 2:30 Italian Sing Along 3:30-4:30 Table	89:00 News and Daily Chronicles 10:00 Sit and Stay fit. 11:00 Bingo 11:00 Sensory-LB 1:30 Karaoke 2:30 Patriotic Sing Along 3:30-4:30 Movie Friday	9 Honoring Our Veterans David H. Raymond H Daniel M. Kenneth S. Haydee H. Joe N. Robert L.				
Alternate Programs: Arts & Crafts, Painting/Coloring, Walking Group Chair Games, Relaxation, Reading Club Breakfast 7:30am-10:00am Lunch 12:00pm – 1:15pm 3:30-4:30 Variety of table activities		119:00 News and Daily Chronicles 10:00 Sit and stay fit. 11:00 Prayers w/ Oramas 1:30 Refreshments Social 2:30 Rhyme Time 3:30-4:30 Game People's Day Columbus Day (U.S.) Thanksgiving Day (Canada)	129:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Name that Team by Logo 11:00 Sensory- LB 1:30 Balloon Toss 2:30 Group Discussion 3:30-4:30 Arts & Crafts	139:00 News and Daily Chronicles 10:00 Sit and Stay fit. 11:00MRE Prayers W/ Pastor David 11:00 MS Spiritual Hymns 1:30 Guess that Logo 2:30 Wiser Wednesday 3:30-4:30 Table	149:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Gratitude Circle 11:00 Sensory 1:30pm Painting Pumpkins 2:30 Painting Leaves 3:30-4:30 Therapeutic Coloring	159:00 News and Daily Chronicles 10:00 Sit and Stay fit. 11:00 Pumpkin Competition 11:00 Sensory- LB 1:30 Friday Social 2:30 Karaoke 3:30-4:30 Movie Club					
		199:00 News and Daily Chronicles 10:00 Sit and stay fit. 11:00 Prayers w/ Oramas 11:00 Group Puzzles-LB 1:30 Mocktail Social 2:30 Soul Train Dance 3:30-4:30 Hangman	209:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Shell Therapy W/ Sue Secondi 11:00 Coloring Leaves-LB 1:30 Guess Who? 2:30 Name that State 3:30-4:30 Group Puzzles	219:00 News and Daily Chronicles 10:00 Sit and stay fit. 11:00 MS Spiritual Hymns 11:00 MRE Pastor David 1:30 Bingo 2:30 Fall Crafts 3:30-4:30 Table Time	229:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Finish that phrase. 11:00 Sensory-LB 1:30 Balloon Toss 2:30 Sing Along 3:30-4:30 Table Card Games	239:00 News and Daily Chronicles 10:00 Sit and Stay fit. 11:00 Bingo Mania 11:00 Sensory-LB 1:30 Karaoke 2:30 Patriotic Sing Along 3:30-4:30 Cinema time	24 Happy Birthday! Edward R. 10/3 Robert L. 10/7 Connie C. 10/10 Georgina C.10/23				
Maria Martinez, LPN/Admissions 203-380-1228 EXT 102 Julie Ruiz/ Beatriz Allen, TR Therapeutic Recreation EXT 106/114		259:00 News and Daily Chronicles 10:00 Sit and stay fit. 11:00 Prayers w/ Oramas 11:00 Sensory-LB 1:30 Tea and Crackers Social 2:30 Group Puzzles 3:30-4:30 Therapeutic	269:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Group Puzzles 11:00 Sing Along-LB 1:30 Poppin Popcorn 2:30 Card Game 3:30-4:30 Trivia Cards	279:00 News and Daily Chronicles 10:00 11:00 Oldies but Goodies w/ Leigh Henry/Sensory-LB 1:30 Name that Car Logo 2:30 Sing Along 3:30-4:30 Match Me	289:00 News and Daily Chronicles 10:00 Chair Yoga 11:00 Table Games 11:00 Arts & Crafts 1:30 Circle Time 2:30 Relax and unwind. 3:30-4:30 Find the Difference	29 Wear Black and Orange 9:00 News and Daily Chronicles 10:00 Sit and Stay fit. 11:00 - Costume Bash W/ Jen Disapio 1:30 Friday Social 2:30 Group Discussion 3:30-4:30 Spooky Tales	 Wellness Meals Halloween				