

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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|  <p>MOZAIC Senior Life Service is Our Calling SERVING SENIORS SINCE 1972</p> <p>Alternate Programs: Arts & Crafts Painting/Coloring Walking Group Chair Games Relaxation Reading Club Tu B'Shevat Begins</p> | <p>2 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am Prayers W/Rev Obama 1:30pm Social Hour 2:30pm Arts & Crafts 3:30pm Name That Tune Groundhog Day</p> | <p>3 9:00am Today's News 10:00am- Drumming 11:00am Horse Racing 1:30pm Tai Chi W/Ann Sullo 2:30pm Balloon Toss 3:30pm Group Discussion</p> | <p>4 9:00am-Daily Chronicles 10:00am- Scarf Dancing 11:00am MS Circle Time 11:00am MRE Balloon Toss 1:30pm- Therapeutic Coloring 2:30pm- Kickball 3:30pm- Eve Spy</p> | <p>5 9:00am-Daily Chronicles 10:00am- Gentle Stretch 11:00am- Ring Toss 1:30pm Baking\ W Sue 2:30pm- Match Me 3:30pm- Riddles</p> | <p>6 9:00am-Daily Chronicles 10:00am- Chair Yoga 11:00am MS 11:00am MRE- Bingo 1:30pm- Superbowl Party W/ Party Dip 2:30pm- Karaoke 3:30pm Movie Friday Cinema</p> | <p>BLACK HISTORY MONTH</p> |
|  <p>SUPER BOWL FEBRUARY 6, 2026</p> | <p>9 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am Prayers W/Rev Obama 1:30pm Social Hour 2:30pm- Sip & Paint 3:30pm- Trivia</p> | <p>10 9:00am-Daily Chronicles 10:00am Drumming 11:00am Social Worker Maria (Group Discussion) 1:30pm Guess Who? 2:30pm Karaoke 3:30pm Oldies but goodies</p> | <p>11 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am MS- Spiritual Hymns 1:30pm MRE Pastor David 2:30pm- Jeopardy 3:30pm- Catch phrases</p> | <p>12 9:00am-Daily Chronicles 10:00am- Chair Zumba 11:00am Making Valentines Day Cards 1:30pm Baking\ W Sue Red Velvet Cake 2:30pm Arts & Crafts 3:30pm- Movin & Grooving</p> | <p>13 9:00am-Daily Chronicles 10:00am- Scarf Dancing 11:00am Love on The Runway W/ Jennifer 1:30pm- Social Hour 2:30pm- Sing-Along 3:30pm Romantic Movie</p> | <p>14  Happy Valentine's Day Valentine's Day</p> |
|  <p>MARDI GRAS</p> | <p>16 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am Prayers W/Rev Obama 1:30pm Social Hour 2:30pm President History Trivia 3:30pm- Patriotic Music Presidents' Day (U.S.)</p> | <p>17 9:00am-Daily Chronicles 10:00am- Drumming 11:00pm Mardi Gras Celebration W/Mike 1:30pm Jazz Music and Margaritas 2:30pm Jazz Trivia 3:30pm Eye Spy Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p> | <p>18 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am Ash Wednesday W/ Andreas Mejia 1:30pm- Family Feud 2:30pm- Therapeutic Coloring 3:30pm- Scrabble</p> | <p>19 9:00am-Daily Chronicles 10:00am- Chair Zumba 11:00am- Fishing 1:30pm Baking\ W Sue 2:30pm- Table Game 3:30pm- Find the Difference</p> | <p>20 9:00am-Daily Chronicles 10:00am- Chair Yoga 11:00am BINGO MANIA 1:30pm- Social Hour 2:30pm- Cup Pong 3:30pm Movie Friday Cinema</p> | <p>21 Happy Birthday! Terrence T - 2/1 Chancy V - 2/2 Carmen H - 2/5 Sally - 2/14 Ruben - 2/16</p> |
|  <p>CHINESE NEW YEAR 2026</p> | <p>23 9:00am-Daily Chronicles 10:00am Sit and stay fit 11:00am Prayers W/Rev Obama 1:30pm Social Hour 2:30pm Honoring Black History Month 3:30pm- Black History Documentary</p> | <p>24 9:00am-Daily Chronicles 10:00am- Drumming 11:00am Spin the Wheel 1:30pm- Horse Racing 2:30pm- Rhyme Time 3:30pm- Fill in the Blank</p> | <p>25 9:00am-Daily Chronicles 10:00am- Seated Yoga 11:00am MS- Spiritual Hymns 11:00am MRE Pastor David 1:30pm- Arts & Crafts 2:30pm- Musical Ball 3:30pm- Lets Chat</p> | <p>26 9:00am-Daily Chronicles 10:00am- Scarf Dancing 11:00am- Parachute 1:30pm- Baking\ W Sue 2:30pm- Birthday Bash W Edwin 3:30pm- Men's Club</p> | <p>27 9:00am-Daily Chronicles 10:00am 11:00am BINGO MANIA 1:30pm Social Hour 2:30pm- Wheel of Fortune 3:30pm Movie Friday Cinema</p> | <p>28 Contact information Maria Martinez, LPN/Admissions 203-380-1228 EXT 102 Julie Ruiz, Jackie Madrid Therapeutic Recreation EXT 106 Transportation Milford 203-874-4507 Valley 203-735-6408 GBTA 203-579-7777</p> |