

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Mozaic Adult Day Program- Stratford



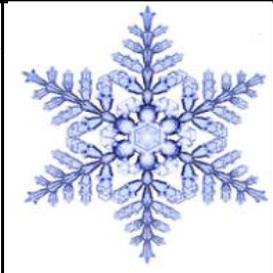
9:00am- Daily Chronicle  
10:00am- Sit & Stay Fit  
**11:00am- Rev. Orama**  
12:00pm- Luncheon  
Closing at 1:00pm

9:00am- Daily Chronicle  
10:00am- Scarf Dancing  
**11:00am- Three Kings Celebration W/Edwin**  
**1:30pm- Tai Chi W/Ann**  
2:30pm- Bowl-Away  
3:30pm- T.V Show Trivia

9:00am- Daily Chronicle  
10:00am- Chair Yoga  
**11:00am- RE Pastor David**  
11:00am- Spiritual Hymns  
1:00: Welcoming Mozaic  
1:30pm- Bingo  
2:30pm- Wiser Wednesday  
3:30pm- Table Games



9:00am- Daily Chronicle  
10:00am- Sit & Stay Fit  
**11:00am- RE Bingo**  
**11:00am- Horse Racing**  
1:30pm- Social Hour  
2:30pm- Table Games  
3:30pm- Cinema Friday



**11**  
Caregiver Support Group Jan 13<sup>th</sup> at 5pm via Zoom Maria Mercado, SW, mariamercadolcsw@yahoo.com

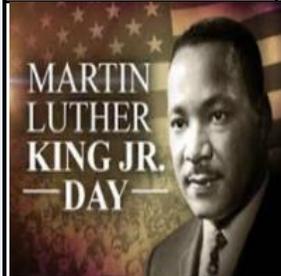
**12**  
9:00am- Daily Chronicle  
10:00am- Sit & Stay Fit  
**11:00am- Rev. Orama**  
1:30pm- Wheel Of Fortune  
2:30pm- Horse Racing  
3:00pm- Social Hour  
3:30pm- Table Games

**13**  
9:00am- Daily Chronicle  
10:00am- Zumba  
**11:00am- Social Worker Maria (Group Discussion)**  
1:30pm- Match Me  
2:30pm- Therapeutic Coloring  
3:30pm- News & Views

**14**  
9:00am- Daily Chronicle  
10:00am- Gentle Stretch  
11:00am- RE Ring Toss  
11:00am- Spiritual Hymns  
1:30pm- Parachute  
2:30pm- Wiser Wednesday  
3:30pm- Hot Potato

**15**  
9:00am- Daily Chronicle  
10:00am- Scarf Dancing  
11:00am- Cornhole  
**1:30pm- Baking W/Sue**  
**2:30pm- Men/Women's Club**  
3:30pm- Eye Spy

**16**  
9:00am- Daily Chronicle  
10:00am- Chair Yoga  
**11:00am- RE Trivialidades**  
11:00am- Movie Trivia  
**1:30pm- Winter Fashion Show**  
2:30pm- Bingo  
3:30pm- Cinema Friday



**19**  
9:00am- Daily Chronicle  
10:00am- Sit & Stay Fit  
**11:00am- Rev. Orama**  
**1:30pm- MLK's History**  
**2:00pm- National Popcorn Day**  
2:30- Civil Rights Trivia  
3:00pm- Social Hour  
3:30pm- Mad Libs  
Martin Luther King Jr. Day

**20**  
9:00am- Daily Chronicle  
10:00am- Chair Dancing  
**11:00am- National Penguin Festival W/ Mike Nigretti**  
1:30pm- Penguin Decor  
2:30pm- Penguin Bowling  
3:30pm- Penguin Trivia

**21**  
9:00am- Daily Chronicle  
10:00am- Armchair Exercise  
**11:00am- RE Pastor David**  
11:00am- Spiritual Hymns  
1:30pm- Table Games  
2:30pm- Wiser Wednesday  
3:30pm- Karaoke

**22**  
9:00am- Daily Chronicle  
10:00am- Zumba  
11:00am- Paint & Sip  
**1:30pm- Baking W/Sue**  
2:30pm- Snowflake Making  
3:30pm- Word Scrabble

**23**  
9:00am- Daily Chronicle  
10:00am- Chair Yoga  
**11:00am- RE Dominoes**  
**11:00am- Truth or Dare**  
1:30pm- Social Hour  
2:30pm- Bingo  
3:30pm- Cinema Friday

**24**  
**Happy Birthday! Gumersindo G. 1/13**  
**Lydia P. 1/27**



**26**  
9:00am- Daily Chronicle  
10:00am- Drum Circle  
**11:00am- Rev. Orama**  
1:30pm- Bingo  
2:30pm- Tower Challenge  
3:00pm- Social Hour  
3:30pm- Who am I?  
Australia Day (Observed)

**27**  
9:00am- Daily Chronicle  
10:00am- Scarf Dancing  
11:00am- Ring Toss  
**1:30pm- Cooking Club: Fried Oreos**  
2:30pm- Daily Affirmations  
3:30pm- Name That Tune

**28**  
9:00am- Daily Chronicle  
10:00am- Zumba  
**11:00am- RE Bingo Mania**  
**11:00am- Spiritual Hymns**  
**1:30pm- Winter B-Day Bash**  
2:30pm- Wiser Wednesday  
3:30pm- Reminiscence

**29**  
9:00am- Daily Chronicle  
10:00am- Chair Yoga  
11:00am- Guess Who?  
**1:30pm- Baking W/Sue**  
2:30pm- Pottery Painting  
3:30pm- News & Views

**30**  
National Croissant Day  
9:00am- Daily Chronicle  
10:00am- Chair Yoga  
**11:00am- Bingo**  
1:30pm- Social Hour  
2:30pm- Bingo  
3:30pm- Cinema Friday

**31**  
Contact Information:  
Maria Martinez, LPN/Admission 203-380-1228 Ext 102  
Julie Ruiz, Jackie Madrid Therapeutic Recreational Specialist Ext 106.  
Transportation:  
Milford Transit: (203) 874-4507  
Valley Transit: (203) 735-6408  
GBTA: (203) 579-7777 #1