



The Director's Corner

Happy December to all our Caregivers, Partners and Members! First, don't miss a new program this month called the *Magical Experience with David Reed-Brown* on Friday, December 12th at 1:30pm.

Finally, a friendly reminder, the center will be closed this month on Wednesday, December 25th and next month on Wednesday, January 1st for the New Year!




Happy Holidays from all of us at Mozaic Adult Day!

HAPPY HOLIDAYS




Care Partner Meetings

This month the virtual session will take place on December 16th, 7:15-8:15pm, *RSVP* to receive a link. The in-person session will be December 10th 3-4:00pm.

For more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Sit and Be Fit 10:30 Hangman 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Golden Conversations	2 10:00 Fusion Exercise 10:30 Odd One Out! 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Golf Match 2:30 Refreshments 2:45 Goodbye Trivia	3 10:00 Silver Sneakers Exercise 10:30 Detective Maverley – K-9 Program 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Goodbye Trivia	4 10:00 Chair Zumba 10:30 Wordle 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bull's Eye Match 2:30 Refreshments 2:45 Golden Conversations	5 10:00 Chair Exercise 10:30 Celebrity Faces 11:45-12:45 LUNCH 1:00 Stretches 1:30 Sing Along to the 50's 2:30 Refreshments 2:45 Goodbye Trivia
8 10:00 Silver Sneakers Exercise 10:30 Scattergories 10:30 Out Trip 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Mind Busters	9 10:00 Chair Zumba 10:30 Matching the Synonyms 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Ring Toss Match 2:30 Refreshments 2:45 Mind Busters	10 10:00 Fusion Exercise 10:30 Puzzle Vision 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Mind Busters	11 10:00 Sit and Be Fit 10:30 Rephrase That! 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Mozaic Karaoke/Pass the Mic 2:30 Refreshments 2:45 Mind Busters	12 10:00 Chair Exercise 10:30 30+ Word in a Word 10:30 Wood Works w/ Chris 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 A Magical Experience w/ David Reed-Brown 2:30 Refreshments 2:45 Mind Busters
15 10:00 Fusion Fitness 10:30 Matching the Antonyms 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Golden Conversations	16 10:00 Silver Sneaker Exercise 10:30 Notre Dame Students Holiday Choir 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Horseshoe Toss 2:30 Refreshments	17 10:00 Chair Zumba 10:30 Holiday Painting w/ Chris 10:30 Reminiscing to Retro Times! 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Goodbye Trivia	18 10:00 Silver Sneakers Exercise 10:30 Facts or Fiction 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bowling Match 2:30 Refreshments 2:45 Golden Conversations	19 10:00 Chair Exercises 10:30 Hangman 11:45-12:45 LUNCH 1:00 The Price was Right Then! 1:30 Spa Day w/ Letty 1:30 Tai Chi w/ Jonathon 2:30 Refreshments 2:45 Goodbye Trivia
22 10:00 Silver Sneakers Exercise 10:30 Odd One Out! 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Mind Busters	23 10:00 Sit and Be Fit 10:30 Matching the Antonyms 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Golf Match 2:30 Refreshments 2:45 Mind Busters	24 10:00 Fusion Fitness 10:30 Holiday Bingo 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretches 1:30 Holiday Celebration w/ Warren Bloom 2:30 Refreshments 2:45 Mind Busters	25  CENTER CLOSED	26 10:00 Chair Exercise 10:30 Winter Wonderland Party w/ Roger Young 11:45-12:45 LUNCH 1:00 30+ Word in a Word 1:30 Yoga w/ Jonathon 2:30 Refreshments 2:45 Mind Busters
29 10:00 Chair Zumba 10:30 Family Feud 10:30 Men's Club 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Bingo 2:30 Refreshments 2:45 Goodbye Trivia	30 10:00 Fusion Fitness 10:30 Hangman 10:30 Men's Group 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 Holiday Karaoke 2:30 Refreshments 2:45 Goodbye Trivia	31 10:00 Silver Sneakers Exercise 10:30 Men's Group 10:30 New Year's Eve Celebration w/ John Valerio 11:45-12:45 LUNCH 1:00 Stretch Exercise 1:30 End of Year Bingo! 2:30 Refreshments 2:45 Goodbye Trivia		

Lunch Menu – December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 BEEF VEGETABLE SOUP HOT ROAST BEEF WITH GRAVY MASHED POTATOES CHOPPED COLESLAW RED, WHITE & BLUE MOON PIES	2 CHICKEN GUMBO SOUP CHICKEN POT PIE CAESAR SALAD/GARLIC BREAD ROASTED ZUCCHINI & SUMMER SQUASH ICE CREAM SUNDAE	3 MUSHROOM LEEK & TURKEY BACON CHOWDER HAMBURGER OR HOT DOG BAKED FRENCH FRIES BAKED BEANS CUBED WATERMELON	4 SWEET & SOUR SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL ASIAN BLEND VEGETABLES DICED PEACHES	5 POTATO LEEK SOUP ROAST TURKEY W/GRAVY FRUITED STUFFING VEGETABLE MEDLEY STRAWBERRY CHEESECAKE
8 TURKEY NOODLE SOUP TERYAKI PINEAPPLE CHICKEN WILD RICE SEASONED SPINACH PEANUT BUTTER BROWNIE	9 LEMON CHICKEN & RICE SOUP BBQ MEATLOAF DIRTY MASHED POTATOES HONEY GLAZED CARROTS CHOCOLATE GANACHE CHEESECAKE	10 WHITE BEAN SOUP HAMBURGER OR HOT DOG FRENCH FRIES BAKED BEANS FRUIT COCKTAIL	11 ITALIAN WEDDING SOUP CHICKEN MARSALA FRUITED QUINOA ROASTED ROOT VEGETABLES CARROT CAKE W/CREAM CHEESE ICING	12 MINESTRONE SOUP HONEY GLAZED SALMON LYONNAISE POTATOES SAUTEED BROCCOLI STRAWBERRY SHORTCAKE
15 ALPHABET SOUP CORNED BEEF RUEBEN ON RYE ROASTED RED POTATOES SEASONED CABBAGE BANANA SPLIT SUNDAE	16 TUSCAN CAULIFLOWER SOUP VEGETABLE LASAGNA GARDEN SALAD GARLIC BREAD BLONDE BROWNIE	17 LENTIL SOUP HAMBURGER OR HOT DOG POTATO SALAD BAKED BEANS CUBED WATERMELON	18 MINESTRONE SOUP CHICKEN CACCIATORE CAPELLINI ITALIAN BLEND VEGETABLES COCONUT CAKE	19  MUSHROOM BARLEY SOUP  CHEESE PIZZA GARDEN SALAD STRAWBERRY CHEESECAKE
22 BEEF VEGETABLE SOUP BAKED MANICOTTI W/MEAT SAUCE BAKED SWEET POTATOES RATATOUILLE BLUEBERRY SHORTCAKE	23 TURKEY NOODLE SOUP STUFFED PEPPER LYONNAISE POTATOES ROASTED ZUCCHINI & SUMMER SQUASH CREAM CHEESE BROWNIE	24 WISCONSIN BEER & CHEESE SOUP HAWAIIAN CHICKEN BAKED FRENCH FRIES BAKED BEANS PEAR HALVES	25  Center Closed	26 SOUTHWESTERN TOMATO SOUP MACARONI & CHEESE FRENCH FRIES CHOPPED COUNTRY COLESLAW BLACK FOREST PARFAIT
29 BEEF VEGETABLE SOUP HOT ROAST BEEF WITH GRAVY MASHED POTATOES CHOPPED COLESLAW RED, WHITE & BLUE MOON PIES	30 CHICKEN GUMBO SOUP CHICKEN POT PIE CAESAR SALAD/GARLIC BREAD ROASTED ZUCCHINI & SUMMER SQUASH ICE CREAM SUNDAE	31 MUSHROOM LEEK & TURKEY BACON CHOWDER VEGETABLE QUICHE GARDEN SALAD CUBED WATERMELON	