



NEWSLETTER

Summer 2024

Issue 19

Mozaic at Home, administered by Mozaic Senior Life, is a comprehensive membership-based program that provides, coordinates, and pays for long-term care for the rest of your life.

The membership-based program is designed to provide financial protection for individuals or couples who are currently independent, wish to remain in their home for as long as possible, and ensure their future care needs are covered for an economical, predictable amount - all while being navigated by a personal care coordinator. Should a Member ever need to live in an assisted living community or a nursing home, the program will provide for these too. Additionally, a significant portion of the fees paid can be considered as pre-paid medical care, which may be deductible on your federal income taxes.

Even if you have or are exploring the purchase of long-term care insurance, or another product such as a hybrid policy, we encourage you to learn more about the program if you are not already a Member.

MOZAIC AT HOME MEMBER ART SHOW

On March 26th, Mozaic at Home hosted our first ever Member Art Show in Bennett Hall on our campus on Park Avenue.

The idea started when earlier in the year when one of our Members asked if she would be able to display some of her petite pottery pieces at one of our Member events, such as a lunch or lecture. This got us thinking, as we know that many of our Members enjoy hobbies involving the arts, such as painting, crafts and photography, to name a few.

We surveyed the Members to see if there would be an interest in displaying their pieces in an art show type environment and were thrilled to learn that many would like to participate. We were off and running.

Fifteen Members displayed their work, and each was provided with a display table and easels, which offered them plenty of space

to highlight their work. Student volunteers from Notre Dame Catholic High School in Fairfield were also on hand, helping the Members unload and load pieces from their cars and carefully transport them to and from Bennett Hall. The show was enjoyed by other Mozaic at Home Members, who were there to support their fellow Members, along with staff and visitors who were in the building that day. The positive feedback we received was sincere and uplifting.

Paintings and watercolor artwork created by Members Joan Fox, Joyce Greenfield, Aurora Montini, Giles Payne, Carole Tuckman, Don Watson and Ruth Wolinsky left us in total awe of their beauty. The splendor of each piece gave us insight into the passion that goes into creating something so breathtaking. The paintings offered

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MOZAIC SENIOR LIFE SERVING SENIORS SINCE 1973

Jewish Home ■ Assisted Living and Memory Care Residences ■ Rehabilitation Services ■ Adult Day Program ■ Memory Workshop
Home Care ■ Hospice ■ Institute on Aging ■ Center for Elder Abuse Prevention ■ Care Navigation ■ Long-Term Care Protection
Adult Family Living ■ Child Development Center ■ Catering ■ J Fitness Center ■ Independent Living

MEMBER SPOTLIGHT: CHARLIE WISEMAN

If you've ever met and talked with Charlie Wiseman, you may be able to tell he comes from a military background. There is an efficiency to his words. He gets to the point quickly and when he acknowledges what you say, he often responds with "roger that."

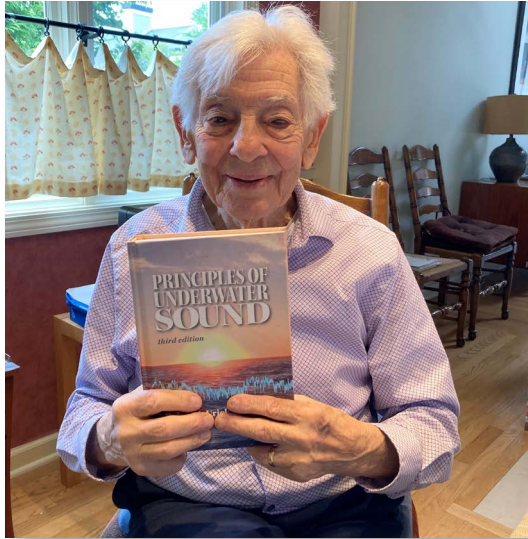
Charlie was born in New York City and attended the Bronx High School of Science while living in Riverdale, biking to school five miles each way on good weather days. When Charlie was 16, his family moved to Brooklyn, and he transferred to Stuyvesant High School where he graduated.

Charlie attended and graduated from the U.S. Naval Academy in 1952, earning a Bachelor of Science degree in Marine Engineering. A career in the Navy was not a surprise. His father and two uncles served in the Navy in World War I and always spoke positively about their experiences. Further, Charlie saw attending the academy as an opportunity to be independent and obtain a "free" college education.

On graduation from Annapolis, Charlie's first duty was in a destroyer, the (USS) HALSEY POWELL deployed in the Korean conflict. He volunteered for all the gung-ho billets – Landing Party Officer, Boarding Officer and Shore Gunfire Support Officer. In the latter capacity on occasion he served ashore spotting gunfire with the Republic of Korea forces. Charlie's second ship assignment was a Landing Ship Tank, HARRIS COUNTY. After taking the ship into a Seattle area shipyard to get her underwater hull reinforced to withstand small floating ice, they headed for the Arctic, transporting men and supplies to install the Distant Early Warning radar sites. After voyaging north to Point Barrow, the most northwest point of Alaska, the ship made a sharp right turn and headed east as far as the longitude of Chicago, but up close to the Arctic

Circle. On completing her transport, the ship turned back west toward Point Barrow as fast as she could go - a slow 11 knots - trying to beat newly forming ice from closing in. Not successful, however, HARRIS COUNTY had to get broken out of the ice by a Canadian ice breaker.

Personnel in the navy are usually assigned a new duty station every two or three years and Charlie had a wide variety of assignments over 25 years



Charlie holding a copy of "the bible" of sonar publications, Principles of Underwater Sound, published by his company, Peninsula Publishing.

naval service. In addition to serving in the Korean and Vietnam conflicts, some of sea operations included the abortive invasion of Cuba, midshipmen training cruises, picking up astronauts from their satellites landings in the sea, boarding ships and looking for contraband, hunting foreign submarines, and showing the flag on visits to friendly foreign nations. Ship assignments included the WWII battleship WISCONSIN, a guided missile cruiser, submarines, destroyers and frigates, and command

communications ship deployed in Vietnam.

Charlie studied Engineering Electronics at the U.S. Naval Postgraduate School in Monterey, California. After two years of study, he was assigned as Project Officer for the at sea testing of a new type of sonar– the progenitor for today's ship sonars. He worked with and learned from a number of brilliant scientists in this advanced technology, and in later years, after retirement from the navy, based on this technical background, founded a book publishing company, Peninsula Publishing, publishing books dealing underwater acoustics and sonars.

In his last navy assignment as consultant for electronics in new ship construction in the Office of the Chief of Naval Operations, Charlie helped plan suites of radars, sonars, communications, and

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MEMBER SPOTLIGHT: WISEMAN

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navigation for new construction ships and was awarded a high commendation for his work. In a related aside in that billet, Charlie was quite proud to have been instrumental in getting Grace Hopper, the world-famous computer scientist and creator of the software Common Business Oriented Language, COBOL, promoted to admiral. And Charlie worked closely with Admiral Morrison, father of Jim Morrison, front man singer of The Doors. But the most GLORIOUS person he met on that shore duty was Miss Hannah Perlman, Assistant Director of the Women's B'nai Brith International. Three weeks after they met, Charlie proposed to Hannah, and she accepted.

A few words about Hannah, an amazing lady. As a baby in April 1939, Hannah, with her mother and two brothers, fled the Sudetenland in Czechoslovakia six months after her Chazzan father's synagogue was burned down on Kristallnacht.

They escaped to England. There the family lived through the Nazi air blitz of London and eventually the three kids took a train to Devon farm country for safety from the blitz. The children moved again when Hannah's father became Chazzan of the Great Synagogue in Manchester, England. In her late teens, Hannah emigrated to Israel and at age 22, Hannah became Girl Friday to Ogden Reid, the American Ambassador to Israel appointed by President Eisenhower. She had so many funny stories in dealing with the Reid family and VIPs. Two and a half years later when Ogden Reid left his ambassadorship post, Hannah returned to England. There she began work for the US Information Agency where she won an award for initiating a very successful unique American Studies program – and the award was a three week visit to America. During that visit, out-of-the blue, Hannah was offered the position as Assistant to Director of the Women's B'nai Brith International. After interviews and vetting, Hannah tossed a coin for the decision: America!

A naval wedding, the birth of first child Debra, and then Charlie and Hannah moved into the private sector. Thier son Michael was born in Silicon Valley in California where Charlie's first post-Navy work was at

Applied Technology, focusing on missile and aircraft threatwarningsystems. Six years later he transitioned to Lockheed where he spent 19 years. He began as a Lead Engineer for Acoustic Noise Control of the navy's first stealth ship, SEA SHADOW. Eventually, Charlie became Chief Engineer for varied underwater sound projects and was awarded Lockheed's highest technical honor, the Robert E. Gross Award for Technical Excellence.

Charlie began his book publishing career with his company Peninsula Publishing. Hannah passed away in December 2012 thus Charlie's focus, outside the family, remained with his publishing. The company currently publishes 24 books in the field of acoustics and electronic countermeasures, the most important book being "the bible" with navies and ocean engineering projects throughout the world, of all sonar publications, Principles of Underwater Sound by Robert Urick. This book is now in the last stages of being updated and when finally published, Charlie looks forward to passing the publishing baton to one of his colleagues.

Today, Charlie enjoys spending time with his family and friends, near and far from his home in Connecticut and playing pickleball. Last year the family took a grand trip to Iceland where they viewed an eighth mile long glacier cliffs breakoff into the sea. Breathtaking with waves 75 feet high! Indeed, today, Charlie's fascination and appreciation of the ocean and its adventures continues.



Charlie and his wife Hannah on their wedding day.

SPRING MEMBER ART SHOW

(continued from cover)

an escape to all of us who spent time admiring these wonderful pieces.

Marilyn Brownstein displayed a collection of her petite pottery works ranging from tea bag holders to American Sign Language “i love you” statues, flower vases, as well as a variety of Judaica items. When you engage in conversation about the pieces she makes, it is apparent she is enthusiastic about her hobby. Keep it going, Marilyn!

Ann Yu Rigby introduced us to Japanese Ikebana (Japanese flower arrangement). She educated us on the history of her works and shared her portfolio with us to get a true appreciation of what she does. She studies the Ikenobo school of Ikebana. It was started over 500 years ago, in the 16th century, in temples. Today’s arrangements are more modern, smaller in scale, and suitable for homes. Additionally, Ann brought along several embroidery pieces she crafted. The patience and concentration Ann puts into both hobbies sure pays off, as her work is exquisite!

Pat Weil brought along her “paper crafts.” She creates a template, and there is a folding process after you print out the template. It is called “Iris Paper Folding”, referring to the iris of the eye and the camera lens as it closes to snap a picture. Pat creates some of the most picturesque greeting cards, note cards, as well as small matted framed prints. An interesting process with amazing results.

Steve Meyers’ display table was full of unique digital sketches that ranged from some of his favorite pets, to The Beatles, to beachside scenes, to Hanukkah celebrations. You name it, Steve has a digital for you! You must see them to fully appreciate the concept and end results. They are awesome.

Sandy Nathan surprised everyone with her “Sandy’s Candies” homemade chocolates which she began making to share with family and friends. What a treat they were! To say they were delicious is an understatement. YUMMY!!

Arista Baltronis has quite the unique hobby. We venture to guess that not many do what she does. Arista has a collection of Swarovski crystal jeweled items, such as hatchets, horseshoes, mini shovels and scythes. The finished products are stunning bejeweled works of art, and extraordinary

conversation pieces. We were all impressed by her work, originality, and imagination.

Member Marilyn DeMarche also attended and displayed several handmade cloth dolls which she and others created as part of The Giving Doll Club of Oxford Greens. The Oxford chapter is part of the national organization “The Giving Doll”, which started in Ohio in 2006. It is a non-profit, self-supporting group that makes dolls, which are then donated to local hospitals, senior living facilities, homeless shelters, domestic violence shelters, chemo treatment centers, burn camps, and Paul Newman’s “Hole in the Wall Gang Camp”, to name a few. They rely solely on donations of fabric, yarn, notions, etc. to make these dolls.

Marilyn attended along with Oxford chapter leader Pat Dunton. On behalf of their chapter, they generously donated 10 of their newly created “Sunset Dolls” to Mozaic Senior Life for residents living on our campus with dementia who could benefit from the comfort the dolls bring. What an incredibly heartwarming hobby and club in which to be involved, and Mozaic Senior Life is thankful for their generous contribution.

We thank our Members who participated in the first-ever Mozaic at Home Member Art Show, both as exhibitors and attendees.

Photos from the Art Show event can be found in the Mozaic Member Moments section on page 5, or scan the QR code to watch a video of the event.



SATISFYING, LOW-CARB SNACKS

Deviled Eggs • Tuna Salad Lettuce Wraps
Kale Chips • String Cheese • Beef Jerky
Turkey Sausage Stick • Cucumber • Edamame
Avocado • Yogurt & Blackberries
Turkey/Avocado/Tomato Rollup • Almonds
Grapefruit • Almonds & Olives • Bell Pepper
Guacamole Strawberries • Clementine
Asparagus & Artichoke Dip • Cantaloupe
Watermelon • Sea Salt Popcorn
Celery & Peanut Butter • Pear & Cheese
Cottage Cheese & Raspberries • Pistachios
Blueberries & Walnuts • Pumpkin Seeds

MOZAIC MEMBER *Moments*



MEMBER ART SHOW



WINE TASTING



PIZZA MAKING WORKSHOP



Summer 2024 **NEWSLETTER**

MOZAIC at Home
An Innovative Concept in
Long-Term Care Planning 

It's Like Long-Term Care Insurance, Only Better.

MOZAIC AT HOME AND MOZAIC CONCIERGE LIVING

As you may know, Mozaic Senior Life is in the process of building a new luxury community in Stamford called Mozaic Concierge Living. At the time of this publishing, 81 residences have already been reserved and Charter Membership will be ending soon. If you are interested in learning more about the only faith-based, non-profit Life Plan Community in Fairfield County, please visit **MozaicConciergeLiving.org** or call **203-590-8546**.

You may also find it helpful to know that Mozaic at Home can work alongside Mozaic Concierge Living in a couple of ways. When you join Mozaic at Home prior to moving in to your Mozaic Concierge Living residence, you are covered for any long-term care needs that arise, based on the plan level that you select, until your move.

When you move, you have the choice to either forego or retain your Mozaic at Home Membership. If you forego your membership, 100% of the Membership Fee you paid to join Mozaic at Home is applied as a credit towards your remaining 90% Mozaic Concierge Living Entry Fee. If you choose to retain your Membership, care in your Mozaic Concierge Living residence, as well as the Health Center, will be covered by your Mozaic at Home membership, consistent with your previously selected plan level. The choice is yours.

To further understand your options, please contact the Mozaic at Home office at **203-365-6491**.

