



Dear Friends,

I have been reading a book entitled *Choosing Hope* by David Arnow which traces this concept throughout Jewish tradition and as we approach the Yamim Noraim and the New Year 5783 beginning on September 25<sup>th</sup>. I can think of no greater blessing for us all. After these past two and a half years of the pandemic we all need rest and renewal and above all else the gift of hope, of knowing that there is something beyond the all-too-often bleak realities and harsh challenges of life. Hope is not some pie-in-the-sky wish but rather an optimism that we can change, life can be better, and this transformation can be actively pursued by us as partners with the Almighty in the improving and making the world a better place. Creation (which we celebrate on Rosh HaShanah) did not end after those first six days; it is an ongoing process in which we can choose to participate.

May you and your loved ones, and all humanity, experience a Shanah Tovah u'Metukah, a Good, Sweet New Year, and may we work to make it so!

Shalom,  
*Rabbi Stephen Shulman*  
Director, Pastoral Services

From our Home to yours

*L'Shanah Tovah*  
From the entire Jewish Senior Services family

Wishing you a sweet New Year filled with  
good health, happiness and peace

Thank you for your support and dedication

Andrew H. Banoff  
President & CEO