

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
	2 National Watermelon Day 9:00 News and Daily 10:00 Sit and stay fit 11:00 Prayers w/ Oramas 1:30 Refreshments 2:30 Disco Dance Party 3:30 Karaoke	3 National Cookie Day 9:00 News and Daily Affirmations 10:00 Chair Yoga 11:00am Hang Man 1:30pm Arts & Crafts 2:30pm Group Puzzles 3:30pm Family Feud	4 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Rosario 1:30pm Wiser Wednesdays 2:00pm Pianist Larry B 3:00pm Match Me	5 9:00 News and Daily Affirmations 10:00 Drumming Circle 11:00am Balloon Toss 1:30pm Pictionary 2:30pm Guess Who? 3:30pm Cranium Crunches	6 9:00 News and Daily Chronicles 10:00 Gentle Stretches 11:00am Bingo Mania 1:30pm Friday Social 2:30pm Patriotic Sing Along 3:30pm Classic Movie	8 
Honoring Our Veterans David H. Raymond H. Daniel M. Kenneth S. Haydee H. Joe N.	9 9:00 News and Daily Chronicles 10:00 Sit and stay fit 11:00 Prayers w/ Oramas 1:30 Mocktails 2:00 Music Therapy W/Jen 3:30 Let's Chat	10 9:00 News and Daily Chronicles 10:00 Chair Yoga 11:00am Tai Chi W/Ann 1:30pm The Price Is Right 2:30pm Guess that sound 3:30pm Trip Down Memory Lane	11 9:00 News and Daily Chronicles 10:00 Drumming Circle 11:00am Prayers W/ Pastor David 1:30pm Karaoke 2:30pm Arts & Crafts 3:30pm Funny Pets	12 9:00 News and Daily Affirmations 10:00 Gentle Stretches 11:00am Cranium Crunches 1:30pm Pictionary 2:30pm Name that Tune 3:30pm Sing Along	13 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Client Appreciation Day Music by Jen 1:30pm Making Pina Colodas 2:30pm Group Puzzles	15 
	16 9:00 News and Daily Chronicles 10:00 Sit and stay fit 11:00 Prayers w/ Oramas 1:30 Refreshments 2:30 Rhyme Time 3:30 Trivia	17 9:00 News and Daily Affirmations 10:00 Chair Yoga 11:00am Balloon Toss 1:30pm Spin the wheel 2:30pm Guess the Animal 3:30pm Group Chat	18 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Prayers W/Pastor David 1:30pm Therapeutic Coloring 2:30pm Find the Difference 3:30pm Let's Chat	19 9:00 News and Daily Affirmations 10:00 Drumming Circle 11:00am Circle Time 1:30pm Pictionary 2:30pm Honorary Veterans Group 3:30pm would you rather	20 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Summer Bash W/ Mike 1:30pm Poets Day 2:30pm Tranquil Hour 3:30pm Movie Club	22 Transportation Milford 203-874-4507 Valley 203-735-6408 GBTA 203-579-7777 Follow us on Facebook @Mozaic Adult Day Program - Stratford
Alternate Programs: Arts & Crafts, Painting/Coloring, Walking Group Chair Games, Relaxation, Reading Club Breakfast 7:30am-10:00am Lunch 12:00pm – 1:15pm	23 9:00 News and Daily Chronicles 10:00 Sit and stay fit 11:00 Prayers w/ Oramas 1:30 Mocktails 2:30 Dance Party 3:30 Oldies but goodies	24 9:00 News and Daily Chronicles 10:00 Chair Yoga 11:00am Pictionary 1:30pm T.V Show Trivia 2:30pm Sing Along 3:30pm Occupation Chat	25 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Birthday Celebration W/ Edwin 1:30pm Dice Game 2:30pm Riddle me this 3:30pm Tell a Joke	26 9:00 News and Daily Chronicles 10:00 Gentle Stretches 11:00am Shell Therapy W/ Sue 1:30pm Pictionary 2:30pm Veterans Group 3:30pm News and Views	27 9:00 News and Daily Chronicles 10:00 Sit and Stay fit 11:00am Bingo Mania 1:30pm Karaoke 2:30pm Patriotic Sing Along 3:30pm Cinema time	29 Happy Birthday! Ernestine R. 8/4 George C. 8/14 Sheila D. 8/23 Wellness Meals
	30 9:00 News and Daily Chronicles 10:00 Sit and stay fit 11:00 Prayers w/ Oramas 1:30 Refreshments 2:30 Soul Train 3:30 Name that tune	31 Contact Information: Maria Martinez, LPN/Admissions 203-380-1228 – Extension# 102 or 104 email: mmartinez@mozaicsl.org - EXT 102 Julie Ruiz/ Beatriz Allen, Therapeutic Recreation Extension# 106 email: jruiz@mozaicsl.org or ballen@mozaicsl.org				